

On My Mind

拍數: 32 牆數: 4 級數: Improver
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音樂: On My Mind - Robin Stjernberg



16 count intro

2 Restarts: on 2nd wall after 16 counts and 6th wall after 16 counts you have to chain wheat to left on the last count for Starting again. Like a ball step 8 & 1.

Walk , walk , touch ball step, rock recover , triple turn $\frac{3}{4}$

1-2 Right fwd, left fwd
3&4 Right touch beside left , step down on right, step fwd left
5-6 Right rock fwd, recover to left
7&8 Right $\frac{1}{4}$ turn to right, left $\frac{1}{4}$ turn step beside right, right $\frac{1}{4}$ turn step fwd

Samba step, samba step, step turn $\frac{1}{2}$, turn $\frac{1}{2}$, $\frac{1}{2}$

1&2 Left step fwd, rock right to right, recover on left
3&4 Right step fwd, rock left to left, recover on right
5-6 Left step fwd, turn $\frac{1}{2}$ to right
7-8 Turn $\frac{1}{2}$ to right step left back, $\frac{1}{2}$ turn step right fwd

Restart wall 2 and 6.

Walk, walk, step lock step, step lock step, rock recover

1-2 Left fwd, right fwd
3&4 Left step fwd, right step behind left, left step fwd
5&6 Right step fwd, left step behind right, right step fwd
7-8 Left rock fwd, recover to right

Coaster step , step turn $\frac{1}{2}$, vaudeville, vaudeville

1&2 Left step back, right step beside left, left step fwd
3-4 Right step fwd, $\frac{1}{2}$ turn to left
5&6& Right step in front of left , left to left side, right heel to right diagonal , right step beside left
7&8& Left step in front of right, right to right side , left heel to left diagonal, left step beside right

START AGAIN

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