Ready Or Not (Here I Come!)

COPPER KNOB

拍數: 48

牆數:4

級數: Intermediate

編舞者: Emily-Paije Rayner (UK) - April 2013

音樂: Ready or Not (DJ M3 Remix) (Radio) - Bridgit Mendler : (iTunes)



48 count intro (Start on vocals)

SECTION ONE: WALK, WALK, MAMBO STEP, BACK BACK COASTER STEP

- 1,2,3&4 walk forwards right, left, rock forwards onto right foot, recover weight on left foot, step back on right foot.
- 5,67&8 walk back left, right, step back on left, close right next to left, step forward on left. (facing 12)

SECTION TWO: KICK OUT OUT, KICK OUT OUT, SAILOR STEP, SAILOR STEP

- 1&2 Kick right foot forward, step out to right side, step out to left,
- 3&4 repeat.
- 5&6 Cross right behind left, step out to left side, step out to right side.
- 7&8 Cross left behind right, step out to right side, step out to left side. (facing 12)

SECTION THREE: MAMBO HALF, LEFT SHUFFLE, RIGHT SHUFFLE, MAMBO STEP

- 1&2 rock forward on right, recover on left, make a half turn right to face 6 stepping onto right foot
- 3&4 shuffle forward, left, together, left.
- 5&6 shuffle forward, right, together, right.
- 7&8 rock forward on left, recover on right, step back slightly on left. (facing 6)

SECTION FOUR: BACK LOCK BACK, COASTER STEP, SIDE HOLD AND SIDE TOUCH

- 1&2 Step back on right, cross lock left across right, step back on right.
- 3&4 step back on left, close right next to left, step forward on left.
- 5,6&7,8 step to right side, hold, close left next to right, step to right side, touch left next to right.(facing 6)

SECTION FIVE: SIDE, BEHIND, QUARTER SCUFF, SHUFFLE TURN, SHUFFLE TURN

- 1,2,3,4 Step to left side, cross right behind left, make a quarter turn left stepping on left foot, scuff right heel forwards
- 5&6 Make a shuffle quarter turn left stepping right, left, right
- 7&8 Make a shuffle quarter turn left stepping left, right, left (to face 9) *RESTART here during wall 6

SECTION SIX: CROSS BACK SIDE STEP, CROSS BACK SIDE STEP (TWO JAZZBOXES)

- 1,2,3,4 cross right over left, step back on left, step right to right side, step left slightly forward
- 5,6,7,8 repeat last four counts.

*One easy Restart during Wall Six – which starts facing 9 – dance up until the end of the two shuffle quarter turns to face the back wall (6 O'clock) and Restart the dance leaving out the jazz boxes. Simples!

Enjoy!

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