

# Skyfall

拍數: 64      牆數: 2      級數: Improver  
編舞者: Suzanne Edwards (UK) - April 2013  
音樂: Skyfall - Adele : (iTunes - 4:46)



Start on vocals on 'is' (33 counts)

## Section 1: Nightclub basic R & L, walk, walk, rock & pivot ½ turn right, step

1 & 2      Step long step Right to right side, cross rock Left behind right, recover on Left  
3 & 4      Step long step Left to left side, cross rock Right behind left, recover on Right  
5 – 6      Walk forward Right, walk forward Left  
7&8&      Rock forward on Right, recover on Left, Pivot ½ turn Right stepping forward on right, step forward Left. [6 o'clock]

## Section 2: Nightclub basic R & L, walk, walk, rock & pivot ½ turn right, step

1 & 2      Step long step Right to right side, cross rock Left behind right, recover on Left  
3 & 4      Step long step Left to left side, cross rock Right behind left, recover on Right  
5 – 6      Walk forward Right, walk forward Left  
7&8&      Rock forward on Right, recover on Left, Pivot ½ turn Right stepping forward on right, step forward Left. [12 o'clock]

**\*\*R\*\* Wall 4**

## Section 3: Long step ¼ turn left, drag touch left beside right, long step left, drag right to left, cross, back, back, lock, back, sweep

1 – 2      Step long step Right making ¼ turn left, drag left foot to touch beside right ( 9 o'clock)  
3 - 4      Step long step Left to side, drag right foot towards left  
5 – 6      Cross right in front of left, step back left  
7&8&      Step back right, lock left in front of right, step back right, sweep left around to left

## Section 4: Sailor step ¼ turn left, rock forward and back with hip sways, rock & cross, side, behind, side, cross, recover.

1 & 2      Step back left making ¼ turn left, step right beside left, step left forward.(6 o'clock)  
3 – 4      Rock forward on right pushing hips forward, rock back on left pushing hips back.  
5&6&      Step right to right side, step left beside right, cross right in front of left, step left to left side.  
7&8&      Step right behind left, step left to left side, cross right in front of left, recover on left.

**\*\*R\*\* Restart Wall 4**

Dance up to and including Counts 7&8& in Section 2,  
Then Restart from beginning (12 o'clock)

Contact: [suz.edwards@geeandess.co.uk](mailto:suz.edwards@geeandess.co.uk)