

My City Friends

拍數: 32 牆數: 2 級數: Beginner
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音樂: In My City (feat. will.i.am) - Priyanka Chopra



Intro : 32 Counts

Section 1 : ¼ Turn with Side Stomp up (x4), Step Touch (x2)

1-2 Stomp up right to right side, stomp up right to right side making 1/8 turn left
3-4 Stomp up right to right side making 1/8 turn left, stomp up right to right side
5-6 Step right to right side, touch left to left side
7-8 Step left to left side, touch right to right side

Optional : right arm movements during counts 1234 : on each stomp up make a counter-clockwise circle with your right fist (as if you were turning a crank)

Section 2 : Heel Touch, Together, Back Touch, Forward Rock ½ Turn, Forward Rock, Sweep, Behind, Side, Cross

1&2 Touch right heel forward, step right next to left, touch left toe behind right
3-4 Rock left forward making ½ turn left, recover onto right
5-6 Rock left forward, recover onto right while sweeping left from front to back
7&8 Step left behind right, step right to side, cross left over right

Section 3 : Side Together (x2) with shimmies, Step ½ turn (x2)

1-2 Step right to right side and shimmy shoulders, step left next to right
3-4 Step right to right side and shimmy shoulders, step left next to right
5-6 Step right forward, make ½ turn left (weight onto left)
7-8 Step right forward, make ½ turn left (weight onto left)

Section 4 : Jazz Box ¼ Turn, walk (x4)

1-2 Cross right over left, Step left back making ¼ turn right
3-4 Step right to right side, Cross left over right
5-6 Walk forward right, walk forward left
7-8 Walk forward right, walk forward left

Optional : swing arms over head to right and left side when walking on counts 5678.

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