Du Bist Es (It's You)



編舞者: Audrey Watson (SCO) - April 2013 音樂: Du bist es - DJ Ötzi : (CD: Es Ist Zeit)



64 Count Intro.

SECTION ONE: STEP SCUFF CROSS UNWIND ½ TURN, BACK BACK, COASTER STEP.

1-2 Step fwd on right, scuff left foot fwd.
3-4 Cross left over right, unwind ½ turn right.
5-6 Walk back on right, walk back on left.

7&8 Step back on right, step left next right, step fwd on right.

SECTION TWO: CROSS SIDE, SAILOR STEP, CROSS SIDE, SAILOR 1/4 TURN

1-2 Cross left over right, step right to right side.

3&4 Step left behind right, step right to right side, step left to left side.

5-6 Cross right over left, step left to left side.

7&8 Turn ¼ right stepping right behind left, step left to left side, step right to right side.

SECTION THREE: WALK WALK, CROSSING SAMBA, WEAVE 1/4 TURN.

1-2 Walk fwd on left, walk fwd on right.

3&4 Cross left over right, rock right to right side, step left to left side.

5-6 Cross right over left, step left to left side.

7-8 Cross right behind left, turn ¼ left stepping fwd on left.

SECTION FOUR: FWD ROCK, SHUFFLE BACK, POINT DIP & RISE 1/2 TURN

1-2 Rock fwd on right, recover back on left.

3&4 Shuffle back on right, left, right.

5-8 Point left toe back, on the balls of both feet turn ½ left dipping both knees then straightening

up

weight on left foot. Optional (Turn Right arm in a circle from the elbow as you dip & rise)

SECTION FIVE: ROCKING CHAIR, KICK BALL STEP, PIVOT 1/4 TURN.

1-2 Rock fwd on right, recover back on left.3-4 Rock back on right, recover fwd on left.

RESTART the dance here from the beginning during wall During Wall 5

5&6 Kick right foot fwd, step down on ball of right, step left foot fwd.

7-8 Step fwd on right, pivot ¼ left.

SECTION SIX: CROSS POINT, CROSSING SAMBA, FWD ROCK, TRIPLE 1/2 TURN

1-2 Cross right over left, point left toe to left side..

3&4 Cross left over right, rock right to right side, step left to left side.

5-6 Rock fwd on right, recover back on left. 7&8 Turn ½ right, stepping right, left, right.

SECTION SEVEN: CROSS SIDE BEHIND POINT, & POINT HITCH, SIDE ROCK.

1-2 Cross left over right, step right to right side.

3-4 Cross left behind right, point right toe to right side.

&5-6 Step right next left, point left toe to left side, hitch left knee.

7-8 Rock left to left side, recover weight on right.

SECTION EIGHT: CROSS ROCK, SIDE ROCK, JAZZ BOX SCUFF.

1-2 Cross rock left over right, recover weight back on right.

Rock left to left side, recover weight on right.
Cross left over right, step back on right.
Step left to left side, scuff right foot fwd.