

She Believes in Me

COPPERKNOB
STEPPSHEETS

拍數: 64
編舞者: Vera Kuiper (NL) - April 2013

牆數: 4

級數: Easy Intermediate

音樂: She Believes in Me - Dobby Dobson



Start on vocal

Mambo forward, Mambo back, Shuffle, Step, Pivot ½ turn right, Step.

1 RF rock forward
& Recover on LF
2 RF step backwards
3 LF rock backwards
& Recover on RF
4 LF step forward
5 RF step forward
& LF step next to RF
6 RF step forward
7 LF step forward
& LF + RF ¼ turn right
8 LF step forward

Cross mambo right, Cross mambo left, Mambo forward, shuffle ½ turn left

1 RF rock over LF
& Recover on LF
2 RF step to the side
3 LF rock over RF
& Recover on RF
4 LF step to the side
5 RF rock forward
& Recover on LF
6 RF step backwards
7 LF ¼ turn left step to the side
& RF step next to LF
8 LF ¼ turn left step forward

Sailor step, Sailor step ¼ turn left, Cross & Cross, Side mambo.

1 RF cross behind LF
& LF step to the side
2 RF step to the side
3 LF ¼ turn left step cross behind
& RF step to the side
4 LF step to the side
5 RF cross over LF
& LF step to the side
6 RF cross over LF
7 LF rock to the side
& Recover on RF
8 LF step next to RF

Side mambo, mambo forward left, Mambo forward right, Shuffle ½ turn left.

1 RF rock to the side
& Recover on LF

- 2 RF step next to LF
- 3 LF rock forward
- & Recover on RF
- 4 LF step backwards
- 5 RF rock forward
- & Recover on LF
- 6 RF step backwards
- 7 LF ¼ turn left step to the side
- & RF step next to LF
- 8 LF ¼ turn left step forward

Shuffle ½ turn left, ¼ turn sailor step left, Shuffle, Coaster step. Forward.

- 1 RF ¼ turn left step to the side
- & LF step next to RF
- 2 RF ¼ turn left step forward
- 3 LF ¼ turn left cross behind
- & RF step to the side
- 4 LF step to the side
- 5 RF step forward
- & LF step next to RF
- 6 RF step forward
- 7 LF step forward
- & RF step next to RF
- 8 LF step backwards

Mambo back, Mambo forward, ¼ chasse right, Sailor step.

- 1 RF rock back
- & Recover on LF
- 2 RF step forward
- 3 LF rock forward
- & Recover on RF
- 4 LF step backwards
- 5 RF ¼ turn right step to the side
- & LF step next to RF
- 6 RF step to the side
- 7 LF cross behind RF
- & RF step to the side
- 8 LF step to the side

Sailor step ½ right, Cross mambo, Cross mambo, Sailor step.

- 1 RF cross behind ½ turn right
- & LF step to the side
- 2 RF step to the side
- 3 LF rock over RF
- & Recover on RF
- 4 LF step to the side
- 5 RF rock over LF
- & Recover on LF
- 6 RF step to the side
- 7 LF Cross behind RF
- & RF step to the side
- 8 LF step to the side

Mambo forward, Coaster step, Shuffle, Step, Pivot ½ turn right, Step.

- 1 RF rock forward
- & Recover on LF
- 2 RF step behind
- 3 LF step behind
- & RF step next to LF
- 4 LF step forward
- 5 RF step forward
- & LF step next to RF
- 6 RF step forward
- 7 LF step forward
- & LF + RF ½ turn right
- 8 LF step forward

START AGAIN

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