

Open Book

COPPER KNOB
STEPPED

拍數: 32 牆數: 2 級數: Beginner
編舞者: Judith Campbell (NZ) - March 2002
音樂: My Heart Is an Open Book - Cliff Richard



Other music suggestions:-

"Living Doll" by Cliff Richard – (127 bpm) Album: Cliff Richard – The Hit List – The best of 35 Years (2 CDs)
"They All Went To Mexico" by Willie Nelson – (127 bpm)

STEP LOCK – SHUFFLE FWD:

1 2 3&4 Step fwd on R, lock L behind R, shuffle fwd on R (RLR)

¼ PIVOT – SHUFFLE ACROSS:

5 6 7&8 Step fwd on L, ¼ pivot to R, shuffle L across in front of R (LRL) (3:00)

ROCKING CHAIR:

1 2 3 4 Step/Rock fwd on R, rock back onto L, step/rock R back, rock fwd onto L

ROCK FWD – ROCK BACK ½ TURN R – SHUFFLE FWD:

5 6 7&8 Step/Rock fwd on R, stepping back on L turning ½ R, shuffle R fwd (9:00)

STEP TO L – TAP - 2 KICKS with R ft:

1 2 3 4 Step L to L, tap R next to L, kick R ft across in front of L twice.

STEP TO R – TAP – 2 KICKS with L ft:

5 6 7 8 Step R to R, tap L next to R, kick L ft across in front of R twice.

VINE (or roll) TO L – ¼ TURN L with SCUFF:

1 2 3 4 Step L to L, step R behind L, turning ¼ to L - step L fwd, scuff R ft fwd. (6:00)

STEP TO R 45 – TAP L – STEP TO L 45 – TAP R:

5 6 7 8 Step fwd 45 to R, tap L next to R, step L fwd 45 L, tap R next to L.

[32] Start dance in new direction

I taught this wee dance as an extra at Tamworth (Australia) to "Livin' Doll" it is easier to get the music than Open Book and it is also a bit quicker in tempo. I hope you enjoy it.

Contact - Email: jude.aleccampbell@xtra.co.nz - web: www.hookedoncountry.co.nz