

Shake Your Booty

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Bill Anderson - April 2013
音樂: Shake, Shake, Shake - KC and the Sunshine Band



Kick Ball Change And Points Moving Forward

1&2 Left kick forward , step on ball of left foot and point right out to right side
3&4 Right kick forward, step on ball of right foot and point left out to left side
5&6 Left kick ball and point right to right side
7&8 Right kick ball and point left out to left side

½ Pivot turns with triples

1-2 Step forward with left and pivot ½ right turn
3&4 Triple forward left, right, left
5-6 pivot ½ left pivot
7&8 Triple forward right, left, right (12 o'clock)

¼ Turn, Unwind ½ And ½ Right Pivot Turns

1 2 Turn ¼ right, step left to left side and point right behind and to left side
3-4 Unwind ½ right turn (weight remaining on left)
5-6 Step forward with right and pivot ½ left
7-8 Step forward with right and ½ left pivot (9 o'clock)

Big Step Back With Claps (X2) With Boogie Walks Forward

& 1 2 Pushing with left foot, big step back and shoulder width, right then left, clap (2)
& 3 4 Repeat & 1 2
5 6 7 8 Boogie walks traveling forward

Diagonal Touches With Sailor Steps

1-2 Right foot touch across to left diagonal, then right diagonal
3&4 Right step behind left, left ball step to left side, right steps right taking weight
5-6 Left touch across to right diagonal, then left diagonal
7&8 Left sailor step with ¼ left turn (6 o'clock)

Hip Thrusts With Weaves

1-2 Touch right forward & 2 forward hip thrust (weight remaining on left)
3&4 Right crosses behind , left step to left and right crosses over left (weave)
5-6 Left touch forward and 2 forward hip thrust (weight remaining of right)
7&8 Left crosses behind right, right step to right and left crossed over right

Right Jazz Box Turning ¼ Right (X2)

1-4 Right steps forward and across left, left steps back right steps to right side turning ¼ right, left steps forward
4-8 repeat jazz box with ¼ right turn (12 o'clock)

Desplante splits with ¼ turns to right

&1&2 Step out shoulder width on balls of feet, right then left, then step back together R&L
&3&4 Turn ¼ right and repeat (3 o'clock)
&5&6 Turn ¼ right and repeat (6 o'clock)
&7&8 Turn ¼ right and repeat touching left next to right on ct. 8 (9 o'clock)

Begin again.

Contact - Email: Willdance2aol.com
