

Mueve El Cuerpo

COPPERKNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Intermediate / Advanced
編舞者: Winston Yew (SG) - March 2013
音樂: "Mueve El Cuerpo" by Rodolfo Guerra Y Su Sincopata



Intro : 64 Counts [00:32]. On vocals.

§1: SIDE TOUCH, SWITCH, SIDE TOUCH, SWEEP, SAILOR STEP, BEHIND, ¼ L FWD, FWD LOCK-STEP

1&2 3 4&5 Touch R to R, Step R beside L, Touch L to L, Drag L slightly towards R and sweep L fwd from front to behind, Cross L behind R, Step R to R, Step L to L
6 7 8&1 Cross R behind L, ¼ L step L fwd, Step R fwd, Lock-step L behind R, Step R fwd. [9:00]

§2: HOLD, LOCK-STEP, FWD, HOLD, LOCK-STEP, FWD, PIVOT ½ L, FWD, FWD MAMBO

2&3 4&5 Hold, Lock-step L behind R, Step R fwd, Hold, Lock-step L behind R, Step R fwd
6 7 8&1 Pivot ½ L, Step R fwd, Rock L fwd, Recover R, Step L back [3:00]

§3: BACK ROCK, RECOVER, FWD, ½ R, ¼ R SIDE ROCK, RECOVER, CROSS SHUFFLE

2 3 4 5 6 7 Rock R back, Recover L, Step R fwd, ½ R step L back, ¼ R rock R to R, Recover L [12:00]
8&1 Cross R over L, Step L to L, Cross R over L

§4: KICK BALL CROSS ROCK, RECOVER-SWEEP, BEHIND, ½ R UNWIND, FWD LOCK-STEP

2&3 4 5 Kick L diag. L fwd, Step L beside R, Cross rock R over L, Recover L sweep R from front to behind, Cross R behind L
6 7 8&1 Unwind ½ R over 2 counts, Step L fwd, Lock-step R behind L, Step L fwd [6:00]

§5: FWD ROCK, RECOVER, ANCHOR ROCKS x 3

2 3 4&5 Rock R fwd, Recover L, Facing R diag. fwd, - Rock R behind L, Recover L, Rock R behind L
6&7 Facing L diag. fwd - Rock L behind R, Recover R, Rock L behind R
8&1 Facing R diag. fwd - Rock R behind L, Recover L, Rock R behind L

§6: BACK ROCK, RECOVER, SCISSORS CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

2 3 4&5 Rock L back, Recover R, Step L to L, Step R beside L, Cross L over R
6 7 8&1 Rock R to R, Recover L, Cross R behind L, Step L to L, Cross R over L

§7: FWD ROCK, RECOVER, COASTER STEP, ROCKING CHAIR

2 3 4&5 Rock L Fwd, Recover R, Step L back, Step R beside L, Step L fwd
6 7 8 1 Rock R fwd, Recover L, Rock R back, Recover L

§8: FWD, ½ R, FWD, ½ R, ¼ R SIDE, CLOSE, SIDE SHUFFLE

2 3 4 5 Step R fwd, ½ R step L back, Step R fwd, ½ R step L back [6:00]
6 7 8&1 ¼ R step R to R, step L beside R, Step R to R, Step L beside R, Step R to R [9:00]

§9: CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE

2&3&4&5 Cross rock L over R, Recover R, Rock L to L, Recover R, Cross rock L over R, Recover R, Step L to L
6&7 8&1 Cross rock R over L, Recover L, Step R to R, Cross rock L over R, Recover R, Step L to L

§10: FWD ROCK, RECOVER, BACK, ¼ L SIDE, CROSS ROCK, RECOVER, SIDE, CLOSE

2 3 4 5 6 7 Rock R fwd, Recover L, Step R back, ¼ L step L to L, Cross Rock R over L, Recover L
8& Step R to R, Step L beside R ----

[REPEAT! - NO TAG! NO RESTART!!]

