

Ready Or Not

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Improver
編舞者: Penny Tan (MY) - April 2013
音樂: Always On My Mind by Kat Deluna



Start with vocal 'yeah yeah'

SEC 1: R side touch ,side touch , side rock cross, then to the L

1&2&3&4 Step R to R side , touch L beside R , step L to L side, touch R beside L step R to R , recover L on L , cross R over L

1&2&3&4 Step L to L side, touch R beside L , step R to R side, touch L beside R, step L to L , recover R on R , cross L over R

SEC 2: Touch fwd n twists R knee(x3) , kick , coaster steps ,fwd shuffle

1&2&3&4 Touch R diagonal fwd on R n twist out in (x3) , R kick

5&6-7&8 R coaster steps, L fwd shuffle

SEC 3: 1/4 side rock cross , weave , scissors cross (9.00)

1&2&3&4 R fwd 1/4 turn to L (9.00) , recover on L , cross R over L , weave to L

5&6-7&8 L scissors cross , R scissors cross

SEC 4: Weave, ¼ turn kick(6.00), coaster steps , twists (x2)

1&2&3&4 Step L to L ,step R behind L, step L to L , cross R over L, step L to L, twist L and ¼ turn L kick (6.00)

5&6-7&8 L coaster steps, touch R together , twists (x2)

SEC 5: Touch fwd , touch together ,1/4 turn L touch R to R, touch together(repeat twice)

1-4 Touch fwd on R , touch R beside R , ¼ turn to L touch R to R side, touch R beside R(3.00)

5-8 Touch fwd on R, touch R beside R, ¼ turn to L touch R to R side, touch R beside R(12.00)

SEC 6: Fwd shuffle , ½ turn(6.00) , mambo , coaster steps

1&2 ,3&4 R fwd shuffle, Step L fwd ½ turn to R (6.00) ,recover on R, step L on L

5&6,7&8 R fwd mambo, recover on L, step back on R , L coaster steps

Note: No Tag and Restart !

Happy dancing!

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