

She's Got The Rhythm

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Joan Curtis (UK) - March 2013
音樂: She's Got The Rhythm - Alan Jackson : (CD: Greatest Hits Collection)



Begin on vocals - (no Tags or Restarts),

Alternative tracks: -

Dancin` Shoes, by Ronnie McDowell, (132 bpm) CD: Country Dances, available from: Amazon; Begin after Ronnie says 1 2 3 4

Livin` On Love by Alan Jackson, (120 bpm) CD: Greatest Hits Collection, available from Amazon; Begin on vocals

Section 1: WALK FWD R, L, R, HEEL DIG, WALK BACK L, R, L, STOMP

1 - 2 Walk forward right, Walk forward left,
3 - 4 Walk forward right, Dig left heel forward,
5 - 6 Step back left, Step back right,
7 - 8 Step back left, Stomp right beside left

Section 2: R CHASSE, ROCK, RECOVER, L CHASSE, ROCK, RECOVER

9 & 10 Step right to right side, Close left beside right, Step right to right side,
11 - 12 Rock left back, recover on to right,
13 & 14 Step left to left side, Close right beside left, Step left to left side,
15 - 16 Rock right back, recover on to left

Section 3: RUMBA BOX BACK, HOLD, RUMBA BOX FWD, HOLD

17 - 18 Step right to right side, Step left beside right,
19 - 20 Step right back, Hold
21 - 22 Step left to left side, Step right beside left,
23 - 24 Step left forward, Hold

OPTIONAL: 21 - 24 ROCK FWD, RECOVER, STEP ¼ LEFT, HOLD

21-22 Rock forward on left, recover on right,
23&24 Step ¼ turn left, hold (9 o'clock)

SECTION 4: SHUFFLE FWD X 2, SHUFFLE BACK X 2

25 & 26 Step forward on right, Close left beside right, Step forward on right,
27 & 28 Step forward on left, Close right beside left, Step forward on left,
29 & 30 Step back on right, Close left beside right, Step back on right
31 & 32 Step back on left, Close right beside left, Step back on left.

Repeat and Smile!!

Choreographers note: The 1 wall is suitable for those with limited mobility, like myself.
(Remember to keep steps small if limited mobility).

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