Back In Time (P)



拍數: 32 牆數: 0 級數: Partner

編舞者: Wanda Ryder & Charlie Ryder - April 2013

音樂: Back (Jake Owen) by Colt Ford



Start in sweetheart position facing RLOD except lady is on the left side of the man. Weight is on the left foot. Same footwork for both.

48 count intro. Start on vocals of 'Back.....'.

TWO STRUTS BACKWARDS 2X, 1/2 TURN RIGHT.

1-4 Step right toe back, step right heel down; step left toe back, step left heel down.

5-6 (Drop left hands, right hands will go over man's head) Turn right ¼ by stepping right foot back

and ¼ right on left foot. (Pick up left hands)

Lady is on the right side of man now. (LOD)

7-8 Walk forward right, left

SIDE ROCK, CROSS, HOLD 2X

1-4 Rock right to side, recover on left, cross right over left and HOLD 5-8 Rock left to side, recover on right, cross left over right and HOLD.

STEP LOCK STEPS WITH SCUFFS, 2X

1-4 Step right foot forward, step left behind right, step right foot forward and scuff

5-8 Step left foot forward, step right behind left, step left forward and scuff.

ROCKING CHAIR, 1/4 TURN LEFT 2X

1-4 Rock forward on right, recover back on left; rock back on right, recover to left.

5-8 (Drop right hands) Step right forward, ¼ turn left (Left hands go over man's head). Step right

forward and ¼ turn left (Left hands go behind ladies head, pick up right hands, back into

sweetheart position) (RLOD)

Repeat and enjoy!

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