

Swing It Again!

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 2 級數: Phrased Improver
編舞者: Darren Bailey (UK) - April 2013
音樂: Swing It Again - Jumpin'up



Pattern: A, B, A, B, A, B, A, A, B, A.

Part A. - 48 counts

Stomp R, swivel L heel, toe, heel, stomp L, swivel R heel, toe, heel.

- 1-2 Stomp Rf forward to R diagonal, swivel L heel towards R heel
- 3-4 Swivel L toe towards R heel, swivel L heel towards R heel
- 5-6 Stomp Lf foot forward to L diagonal, swivel R heel towards L heel
- 7-8 Swivel R toe towards L heel, swivel R heel towards L heel

Step R to Diagonal, touch, Step L to L diagonal, touch, Walk back R, L, R, close.

- 1-2 Step Rf forward on R diagonal, touch Lf next to Rf
- 3-4 Step Lf forward on L diagonal, touch Rf next to Lf
- 5-6 Step back on Rf, step back on Lf
- 7-8 Step back on Rf, close Lf next to Rf

Vine R with 1/2 turn R and hitch, Vine L with R touch back

- 1-2 Step Rf to R side, cross Lf behind Rf
- 3-4 Turn ¼ R and step Rf forward, turn ¼ R and hitch L knee
- 5-6 Step Lf to L side, cross Rf behind Lf
- 7-8 Step Lf to L side, touch R toe behind Lf

Vine R with 1/2 turn R and hitch, Vine L with R touch back

- 1-2 Step Rf to R side, cross Lf behind Rf
- 3-4 Turn ¼ R and step Rf forward, turn ¼ R and hitch L knee
- 5-6 Step Lf to L side, cross Rf behind Lf
- 7-8 Step Lf to L side, touch R toe behind Lf

Twist to R, Heels, toes, heels, hold, Twist to L, Heels, toes, heels, hold.

- 1-2 Twist both heels to R, twist both toes to R
- 3-4 Twist both heels to R, hold
- 5-6 Twist both heels to L, twist both toes to L
- 7-8 Twist both heels to L, hold

Step R, Hook behind, Step L, Hook in front, Step R, hook in front, Step L hook behind.

- 1-2 Step Rf to R side, hook Lf behind R knee
- 3-4 Step Lf to L side, hook Rf in front of L knee
- 5-6 Step Rf to R side, hook Lf in front of R knee
- 7-8 Step Lf to L side, hook Rf behind L knee.

End of A.

Part B. - 48 counts

Walk to R diagonal, with Heel split.

- 1-2 Walk forward to R diagonal with Rf, Walk forward to R diagonal with Rf
- 3-4 Walk forward to R diagonal with Rf, Walk forward to R diagonal with Rf
- 5-6 Make a 1/8 turn R stepping forward on Rf, close Lf next to Rf
- 7-8 Split both heels open, close both heels (weight ends on Lf)

Walk back to L diagonal, with Toe split.

- 1-2 Walk back to L Diagonal with Rf, Walk back to L diagonal with Lf
- 3-4 Walk back to L Diagonal with Rf, Walk back to L diagonal with Lf
- 5-6 Make a 1/8 turn R stepping Rf to side, close Lf next to Rf
- 7-8 Split both toes open, close both toes (weight ends on Lf)

Walk to R diagonal, with Heel split.

- 1-2 Walk forward to R diagonal with Rf, Walk forward to R diagonal with Rf
- 3-4 Walk forward to R diagonal with Rf, Walk forward to R diagonal with Rf
- 5-6 Make a 1/8 turn R stepping forward on Rf, close Lf next to Rf
- 7-8 Split both heels open, close both heels (weight ends on Lf)

Walk back to L diagonal, with Toe split

- 1-2 Walk back to L Diagonal with Rf, Walk back to L diagonal with Lf
- 3-4 Walk back to L Diagonal with Rf, Walk back to L diagonal with Lf
- 5-6 Make a 1/8 turn R stepping Rf to side, close Lf next to Rf
- 7-8 Split both toes open, close both toes (weight ends on Lf)

Big step R, with shoulder shrugs, Big step to L, with shoulder shrugs.

- 1-2 Take a big step with Rf to R diagonal, bounce shoulders as you start to pull in Lf towards Rf
- 3-4 Bounce shoulders on counts 3, 4, as you continue to pull in Lf towards Rf
- 5-6 Take a big step with Lf to L diagonal, bounce shoulders as you start to pull in Rf towards Lf
- 7-8 Bounce shoulders on counts 7, 8, as you continue to pull in Lf towards Rf

Step R forward, 1/2 turn pivot L, Boogie forward.

- 1-2 Step forward on Rf, hold
- 3-4 Make a 1/2 pivot turn L, hold
- 5-6 Step forward on Rf, step forward on Lf
- 7-8 Step forward on Rf, step forward on Lf

(counts 5-8 can be danced as boogie walks forwards)

End of B.

Enjoy the music and feel the dance!
