

Hanging On

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kim Aldis (UK) - April 2013
音樂: Keep Me Hanging On - The Overtones



RIGHT FORWARD ROCK, RECOVER, RIGHT COASTER STEP LEFT SIDE ROCK, RECOVER LEFT CROSS SHUFFLE

1-2 Rock forward on R, recover on L
3&4 Step back on R, step L together, cross R over L
5-6 Rock L to side, recover on R
7&8 Cross L over R, step R to R, cross L over R

2 x ¼ TURNS RIGHT, RIGHT SHUFFLE FORWARD, FORWARD ROCK LEFT, RECOVER SAILOR ¼ LEFT

1-2 Turning ¼ L step back on R, Turning ¼ L, step L to side
3&4 Step forward on R, step L together, step forward on R
5-6 Rock forward on L recover on R
7&8 Make a ¼ turn L, cross stepping L behind R, step R to R side, step L to L side

2 x ¼ TURNS LEFT, RIGHT KICK & CROSS, RIGHT SIDE ROCK

1-4 Step forward R, ¼ turn L, step forward R ¼ turn L
5&6 Kick R forward, step down on R, cross L over R
7-8 Rock R to R, recover

BEHIND & CROSS, POINT LEFT, POINT RIGHT, JAZZ BOX & CROSS

1&2 Step R behind L, step L to L side, cross R over L
3&4 Point L to L side, step L together, point R to R side
5-8 Cross R over L, step back on L, step R to R side, cross L over R

RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE, SIDE ROCK ¼ TURN, ½ TURN SHUFFLE

1-2 Rock R to R, recover on L
3&4 Cross R over L, step L to L, cross R over L
5-6 Rock L to side, turning ¼ R
7&8 Make ¼ turn R stepping L to side, step R beside L make a ¼ turn R stepping back on L

WALK BACK, BACK, LOCK BACK ON RIGHT, BACK ROCK LEFT, ROCK FORWARD, RECOVER ¼ TURN LEFT, STEP FORWARD LEFT

1-2 Walk back R/L
3&4 Step back on R, lock L across R, step back on L
5-6 Rock back on R, recover
7&8 Rock forward on L, recover on R, ¼ turn L stepping L forward

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