

# Way To Lonesome

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Pam Cassells (AUS) - April 2013  
音樂: A Real Good Way to Wind Up Lonesome - James House : (Album: As Days  
Gone By)



**Start Position: Feet together - with weight on L foot.**

**Starts on vocals – 16 counts in from heavy beats. - Direction: Anti-clockwise**

## **BACK, KICK, BACK, KICK, SLOW BACKWARD COASTER, HOLD.**

1,2            Step R back, kick L forward,  
3,4            Step L back, kick R forward,  
5,6,7,8        Slow coaster - step R back, step L beside R, step R forward, hold,

## **SIDE STRUT, ROCK BACK, ROCK FWD, SIDE STRUT, ROCK BACK, ROCK FWD.**

1,2            Toe/heel strut - step L toe to L side, drop weight onto L heel,  
3,4            Step/rock R behind L, rock/replace weight forward on L,  
5,6            Toe/heel strut - step R toe to R side, drop weight onto R heel,  
7,8            Step/rock L behind R, rock/replace weight forward on R,

## **L FWD, BACK TAP, R BACK, KICK, SLOW BACKWARD COASTER, HOLD.**

1,2            Step L forward, tap R toe behind L,  
3,4            Step R back, kick L forward,  
5,6,7,8        Slow coater - step L back, step R beside L, step L forward, hold,

## **SLOW FWD COASTER, VINE L WITH 90° TURN L.**

1,2,3,4        Slow forward coaster - step R forward, step L beside R, step R back, hold,  
5,6,7,8        Vine L w/turn - step L to L side, step R behind L, turn 90 degrees L - step L forward, touch R  
beside L. (9:00 wall)

## **Repeat Dance In New Direction**

**Tags: At the end of walls 6 and 9 there is a four (4) count Tag:**

1,2,3,4        Step/drag R to R side, touch L beside R, step/drag L to L side, touch R beside L.

**Finish: On wall 11 (back wall) - Dance to count 16 then add the following to face the front:**

1,2            Step/rock L forward, rock/replace weight back on R,  
3,4            Turning 180 degrees L - step L forward, step R beside L.

**Dance sequence: 32, 32, 32, 32, 32, 32, 4, 32, 32, 32, 4, 32, 16 finish.**

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