

Beat This Summer II

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Jan Blakely (USA) - April 2013
音樂: Beat This Summer - Brad Paisley



Intro: 8x8 counts

(I) ¼ WALL TURNING (left) SAILOR SHUFFLE w/extra step (together) X 3, SAILOR SHUFFLE w/o turn

1&2& Step LEFT behind right while turning ¼ wall left – Step RIGHT beside left – Step LEFT beside right – Step RIGHT in-place (now facing 9:00)
3&4& Repeat instructions for counts 1&2& of this section (now facing 6:00)
5&6& Repeat instructions for counts 1&2& of this section (now facing 3:00)
7&8 Step LEFT foot behind right foot – Step RIGHT foot to right side – Step LEFT to center

(II) R SAILOR SHUFFLE, L SAILOR SHUFFLE, R (fwd), TURN ¼ wall (right) TOUCHING L TOES (left), ROCK ONTO L (across in front of right)-RECOVER ONTO R-L STEP (together)

1&2 Step RIGHT behind left – Step LEFT to left – Step RIGHT to center
3&4 Step LEFT behind right – Step RIGHT to right – Step LEFT to center
5-6 Step RIGHT forward – Turn ¼ wall (right) on RIGHT while touching LEFT toes (left) (facing 6:00)
7&8 Rock LEFT across in front of left foot – Recover to RIGHT foot – Step LEFT beside left foot

(III) R KICK-BALL-CHANGE X 2, R ROCK (across left)-L RECOVER-R (tog), L ROCK (across right)-R RECOVER-L STEP (tog)

1&2 Kick RIGHT foot forward – Step ball of RIGHT beside left – Lift LEFT & step in-place
3&4 Repeat instructions for counts 1&2 of this section
5&6 Rock RIGHT across in front of left – Recover onto LEFT foot – Step RIGHT foot beside left foot
7&8 Rock LEFT across in front of right – Recover onto RIGHT foot – Step LEFT foot beside right foot

(IV) R KICK-BALL L CROSS, R KICK-BALL L CROSS, R STEP (right), PIVOT ¼ wall (left) onto L, R RUN (fwd)- L RUN (fwd)- R RUN (fwd)

1&2 Kick RIGHT foot forward – Step ball of RIGHT beside left foot – Step LEFT across right foot
3&4 Repeat instructions for counts 1&2 of this section
5-6 Step RIGHT foot to right – Pivot ¼ wall left onto LEFT foot (now facing 3:00—Your NEW wall)
7&8 RIGHT run forward – LEFT run forward – RIGHT run forward

BEGIN AGAIN

RESTART: Third time you do the dance, restart from the beginning after section II

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