Cha-Cha-La Pasion

拍數: 32

級數: High Beginner / Improver Cha Cha

編舞者: Gordon Timms (UK) - April 2013

音樂: No, No y No - Luz Casal : (Album: La Pasion - 3:00)

Musical introduction - 32 Counts. - NO TAGS or RESTARTS!

SECTION 1: Rock, Recover, Basic Cha-Cha in place, Rock, Recover, Basic Cha-Cha in place.

- 1 2 On a slight right diagonal Rock forward on the Left, Recover on to the Right. [1.00]
- 3 & 4 Straighten body Basic Cha-Cha steps in place...stepping Left-Right-Left. [12.00]
- 5 6 On a slight right diagonal Rock back on the Right, Recover on to the Left. [1.00]
- 7 & 8 Straighten body Basic Cha-Cha steps in place...stepping Right-Left-Right. [12.00]

SECTION 2: (New York) Quarter Right, Recover, Cha-Cha side, Quarter Left, Recover, Cha-Cha side.

- 1 2 Turning ¹/₄ to the Right, Rock forward on to the Left, Recover on to Right. [3.00]
- 3 & 4 Straighten up to 12.00 then Basic Cha-Cha steps in place...stepping Left-Right-Left.
- 5 6 Turning ¼ to the Left, Rock forward on to the Right, Recover on to Left. [9.00]
- 7 & 8 Straighten up to 12.00 then Basic Cha-Cha steps in place...stepping Right-Left-Right.

SECTION 3: Spot Turn, ½ Right, Rolling Cha-Cha, ½ Left, ¼ Left Cha-Cha Basic to side.

- 1 2 Step forward on the Left, Pivot ½ Right(1) On the ball of Right turn ½ turn Right (2) [12.00]
- 3 & 4 (Moving slightly backwards) Basic Cha-Cha steps in place...stepping Left-Right-Left.
- 5 6 Step back on the Right, (5) Make a ¹/₂ Turn Left, step forward on the Left. (6) [6.00]
- 7 & 8 (On the ball of Left turn ¼ Left) Basic Cha-Cha steps to the side…stepping Right-Left-Right. [3.00]

SECTION 4: Rock, Recover, ½ Right, Rolling Cha-Cha, Rock, Recover, Cha-Cha Basic to side.

- 1 2 Rock back on Left directly behind Right, Recover on to Right.
- 3 & 4Turn ½ Right (Step back on the left for count 3) Basic Cha-Cha stepping Left-Right-Left.
[9.00]
- 5 6 Rock back on Right directly behind Left, Recover on to Left.
- 7 & 8 Basic Cha-Cha steps slightly to the Right... stepping Right-Left-Right .[WOR] [9.00]

FINISH: As the music fades...you will be facing the 3.00 wall....change the "6 " count in the last section to ¼ Left turn and finish facing the front wall with a Cha-Cha in place?. Many thanks for supporting my choreography.

ENJOY THE DANCE!

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牆數:4