

Leave It to Me

拍數: 48 牆數: 4 級數: High Improver
編舞者: Karl-Harry Winson (UK) - April 2013
音樂: I Can Take It from There - Chris Young : (Album: Neon)



Intro: 16 Counts/10 Seconds (Start on Vocals)

Walk Forward X2. Syncopated Jump: Out & In. 1/4 turn Hip bump. Kick Ball-Cross.

- 1 – 2 Walk forward on Right. Walk forward on Left.
&3 Step small step with Right out to Right side. Step small step with Left out to Left side.
&4 Step Right foot in and in Place. Step Left foot beside Right in place.
5&6 Make 1/4 turn Left touching Right foot out to Right side whilst bumping hips Up/Right. Bump Hips Left. Bump hips Right and Down putting the weight onto the Right/Sitting on the Right Hip (Right leg slightly bent).
7&8 Kick Left foot to Left diagonal. Step Left beside Right. Cross step Right over Left. (9.00)

Make 3/4 turn Right. Step. Pivot 1/2 turn. Walk forward Left & Right. Left Kick Ball-Step.

- 1 – 2 Make 1/4 turn Right stepping back on Left (12.00). Make 1/2 turn Right stepping Right forward (6.00).
3 – 4 Step forward on Left. Pivot 1/2 turn Right (12.00).
5 – 6 Walk forward on Left. Walk forward on Right.
7&8 Kick Left foot forward. Step Left beside Right. Step forward on Right.

Non Turning Option for Counts 1 – 4. Replace with the following:

Left Side Step, Cross Right over Left. Rock Left to Left side. Recover weight on Right making 1/4 turn Right.

Forward Rock. & Heel-Hold. & Left Heel Grind 1/4 turn. Left Coaster Step.

- 1 – 2 Rock forward on Left. Recover weight back on Right.
&3,4 Step back on Left. Dig Right heel forward. Hold.
&5 Step Right foot in place beside Left. Dig Left heel forward with weight whilst making 1/4 turn Left grinding Left heel on the floor with toes turning 1/4 turn anticlockwise (9.00).
6 Step back on Right foot.
7&8 Step back on Left. Step Right beside Left. Step forward on Left.

***Restart 2 here on Wall 5 facing 9 O'clock Wall**

Forward Shuffle. Step Pivot 1/2 turn Right. Shuffle 1/2 turn. Right Coaster Step.

- 1&2 Step forward on Right. Step Left beside Right. Step forward on Right.
3 – 4 Step forward on Left. Pivot 1/2 turn Right (3.00).
5&6 Shuffle 1/2 turn Right stepping: Left, Right, Left (9.00).
7&8 Step back on Right. Step Left beside Right. Step forward on Right.

Step. Point X2. Left Jazz Box-Cross.

- 1 – 2 Step forward on Left. Point Right toe to Right side.
3 – 4 Step forward on Right. Point Left toe to Left side.
5 – 8 Cross Left over Right. Step back on Right. Step Left to Left side. Cross Right over Left.

***Restart 1 here On Wall 4 facing 12 O'clock Wall. Replace count 8 with a toe touch beside the Left**

Modified Figure of 8. Left Coaster Step.

- 1 – 4 Step Left to Left side. Cross Right behind Left. Make 1/4 turn Left stepping Left forward. Step forward on Right.
5 – 6 Pivot 1/2 turn Left. Make 1/4 turn Left stepping Right to Right side.
7&8 Step back on Left. Step Right beside Left. Step forward on Left (9.00).

Start Again!

Contact: karlwinsondance@hotmail.com or 07792984427 or www.karlwinsondance.moonfruit.com

Last Revision - 14th April 2013
