

You Needed Me (JC)

COPPER KNOB
STEPSHEETS

拍數: 36 牆數: 2 級數: Intermediate
編舞者: Judith Campbell (NZ) - 2001
音樂: You Needed Me - Boyzone : (Album: By Request)



Intro: 16 slow counts – Start on word - you cried a “TEAR”

[1 – 4] ROLL 360 TO R – BEHIND SIDE FWD

1&2 Step R fwd 1/4 to R, turning 1/2 stepping back on L, turning 1/4 R step R to RS, (12:00)
3&4 Step/cross L behind R, step R to R, step fwd on L,

[5 – 8] HITCH SHUFFLE TO 10:00 – TURN TO SHUFFLE 3:00 – SHUFFLE FWD

&5&6 Lifting R ft up slightly (&), shuffle towards (10:00) on R ft, (RLR)
&7&8 Hitch L ft up turning to face 3:00, Shuffle fwd (LRL), (3:00)

[9 – 16] ROCK FWD – RECOVER BK – SHUFFLE BACK ON R – ROCK BACK – RECOVER FWD – SHUFFLE FWD ON L

1 2 3&4 Rock/step fwd on R, recover back onto L, shuffle back on R ft, (RLR),
5 6 7&8 Rock/step back on L, recover fwd onto R, shuffle fwd on L ft, (LRL)

Styling You can use hip pushes on the rock recovers

[17 - 20] SIDE TOGETHER – 1/4 L STEP FWD – SWIVEL STEP 1/2 L – SHUFFLE FWD

1&2 Step R to RS, bring L ft in next to R ft as you turn 1/4 to L, step fwd on Rft, (12:00)
&3&4 Swivel on both balls of feet turning 1/2 to L (taking weight onto R ft) (&), shuffle fwd on L ft, (6:00)

[21 – 24] SIDE ROCK RECOVER CROSS R & L (syncopated) – SIDE CROSS

5&6& Step/rock to R S, recover onto L, cross R over L in front, rock L out to LS,
7&8& Recover onto R ft, cross L over R, step R to RS, cross L over R.

[25 – 28] STEP 45 DIAG BACK – TOGETHER – CROSS OVER – FULL ROLL TO L S

1&2 Step diagonal bk on R ft, close L next to R, cross R over L, (scissors step)
3&4 Step L fwd 1/4 to L, turning 1/2 stepping back on R, turning 1/4 L step L to LS, (6:00)

[29 – 32] SLIDE with HIP PUSHES R L

&5&6 Step/slide R ft in next to L then out to 45 R (&1), hips L R,
&7&8 Step/slide L ft in next to R then out to 45L (&5), hips R L,

[33 – 36] 2 PADDLE TURNS – STEP 1/2 PIVOT – TOUCH *

1&2& Step fwd on R, 1/4 turn to L, Step fwd 1/4 turn L,
3&4 Step fwd on R 1/2 turn to L, Touch R ft next to L,

**TAG: At the end of wall 2 - Repeat the last 4 counts. *(Paddle Turns & 1/2 Pivot with Touch)
Then restart dance again**

**ENDING: Dance up to count 17 & 18 (side together ¼ turn) this finishes at the back
You can do a 1/2 unwind turn to L slowly to finish at front again.**

ENJOY

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Last Revision - 8th April 2013

