

# Ready, Steady, Rumble

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Grant Stanley (SCO) & Lesley Clark (SCO) - April 2013  
音樂: Let's Get Ready to Rhumble - PJ & Duncan



**Intro: 16 count intro after the heavy beat**

**Restart: Restart the dance on walls 4,6 & 8 after count 16.**

## **STEP FORWARD, FORWARD, BACK, BACK, LOCK-STEPS RIGHT & LEFT**

1-2            Step forward right, step forward left (feet apart shoulder width)  
3-4            Step back right, step back left ( feet back together)  
5&6           Step forward on right, lock left behind right, step forward on right  
7&8           Step forward on left, lock right behind left, step forward on left

## **SYNCOPATED ROCKING CHAIR x2, SHUFFLE FORWARD, ½ TURN SHUFFLE**

1&2&          Rock forward on right, recover, rock back on right, recover  
3&4&          Rock forward on right, recover, rock back on right, recover  
5&6           Step forward on right, step left next to right, step forward on right  
7&8           ½ turn right stepping back on left, step right next to left, step back on left \*\*\*\*\*

## **COASTER STEP, ANCHOR STEP, SHUFFLE BACK, ½ TURN SHUFFLE**

1&2            Step back on right, step left next to right, step forward on right (big step forward here)  
3&4            Step left behind right, step right in place, step back on left  
5&6            Step back on right, step left next to right, step back on right  
7&8            ½ turn left stepping forward on left, step right next to left, step forward on left

## **CROSS ROCK STEP, CROSS ROCK STEP, PADDLE ¾ TURN, TOUCH**

1&2            Cross rock right over left, recover on left, step right to right side  
3&4            Cross rock left over right, recover on right, step left to left side  
5&6&          Touch right out to right side, ¼ turn left hitching knee, touch right out to right side, ¼ turn left hitching knee  
7&8            Touch right out to right side, ¼ turn left hitching knee, touch right beside left

**Have Fun and Enjoy**

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