

Stompa

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Dan Morrison (CAN) & Kate Henry (CAN) - April 2013
音樂: Stompa - Serena Ryder



Intro: 16 Counts, after first down beat, Start on Lyrics

Shuffle- Hitch, Coaster, Shuffle- Hitch, Coaster

1&2 Step R forward (1) Step L forward (&) Hitch R knee (2)
3&4 Step R back (3) Step L beside R (&) Step R forward (4)
5&6 Step L forward (5) Step R forward (&) Hitch L knee (6)
7&8 Step L back (7) Step R beside L (&) Step L forward (8)

Step, Claps, Chase Turn, Stomps & 1/4 Pivot

1&2 Step R forward (1) Clap hands twice (&2)
3&4 Step L forward (3) 1/2 Pivot R, wt on R (&) Step L forward (4)
5&6 Stomp R forward (5) Stomp L forward (&) Stomp R forward (6)
&7-8 Step L forward (&) Step R forward (7) 1/4 Pivot L, wt on L (8)

RESTART during Wall 2 (9 o'clock)

R Mambo, 1/4 L Mambo, R Step-Lock-Step, L Step-Lock-Step

1&2 Step R over L (1) Step L in place (&) Step R side R (2)
3&4 Step L over R (3) Step R in place (&) Step L 1/4 L (4)
5&6 Step R forward (5) Lock L behind R (&) Step R forward (6)
7&8 Step L forward (7) Lock R behind L (&) Step L forward (8)

RESTART during Wall 6 (3 o'clock)

1/4 Pivot-Cross, Shuffle, R Sailor, L Sailor

1&2 Step R forward (1) 1/4 Pivot L, wt on L (&) Step R over L (2)
3&4 Step L side L (3) Step R beside L (&) Step L side L (4)
5&6 Step R behind L (5) Step L beside R (&) Step R side R (6)
7&8 Step L behind R (7) Step R beside L (&) Step L side L (8)

HAVE FUN AND ENJOY

RESTARTS:-

During Wall 2, just dance first 16 Counts, then start again.

During Wall 6, just dance first 24 Counts, then start again.

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