

# Soak It Up!

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Tony Wilson (USA) & Lana Wilson (USA) - March 2010  
音樂: Soak It Up - David Bradley : (Album: Dance Mix 2, Marco Club Connection - Single)  
或: Soak It Up (Radio Version) - David Bradley : (Album: Movin' On)



## TOE, HEEL, TRIPLE, TOE, HEEL, TRIPLE

1-2            Touch R toe to L instep, touch R heel to L instep  
3&4            Triple RLR in place  
5-6            Touch L toe to R instep, touch L heel to R instep  
7&8            Triple LRL in place

## CHARLESTON BRUSH, FWD, LOCK, FWD-LOCK-FWD

9-12            Step R forward, kick L forward, step L back, brush R straight back  
13-14           Step R forward, lock L behind R  
15&16           Step R forward, lock L behind R, step R forward

## ROCK FWD, RECOVER, 1/4 TURN, SHUFFLE, CROSS, 3/4 TURN, STEP FWD

17-18           Rock L forward, recover on R  
19&20           Turn 1/4 left shuffling LRL to left side (9:00)  
21-22           Cross R over L, turn 1/4 right stepping L back (12:00)  
23-24           Turn 1/2 right stepping R forward, step L forward (6:00)

## LINDY, LINDY WITH 1/4 TURN

25&26           Shuffle RLR to right side  
27-28           Rock L behind R, recover on R  
29&30           Shuffle LRL to left side  
31&32           Turn 1/4 right rocking R behind L, recover forward on L (9:00)

## SIDE, BEHIND, SIDE, ACROSS, SIDE, HOLD, BEHIND, SIDE

33-36           Step R to right, cross L behind R, step R to right, cross L over R  
37-40           Step R to right side, HOLD, cross L behind R, step R to right side

## SIDE, BEHIND, SIDE, ACROSS, SIDE, HOLD, BEHIND, 1/4 TURN

41-44           Step L to left, cross R behind L, step L to left, cross R over L  
45-48           Step L to left side, HOLD, cross R behind L, turn 1/4 left stepping L forward (6:00)

## 1/2 PIVOT, 1/2 TRIPLE, 1/4 TURN SIDE, TOUCH, ROCK FWD, RECOVER

49-50           Step R forward, pivot 1/2 left weight on L (12:00)  
51&52           Triple RLR turning 1/2 left (6:00)  
53-54           Turn 1/4 left stepping L to left side, touch R beside L (3:00)  
55-56           Rock forward on R, recover on L

## COASTER, STEP FWD, BRUSH, 1/4 TURN JAZZ BOX CROSS

57&58           Step back on R, step L beside R, step R forward  
59-60           Step L forward, brush R over L  
61-62           Cross step R over L, step L back  
63-64           Turn 1/4 right stepping R to right side, cross step L over R (6:00)

## Begin Again

TAG, end of 2nd pattern facing front wall:

1-4 Step R to right, touch L beside R, step L to left, touch R beside L  
5-6, 7&8 Step R forward, pivot 1/2 left weight on L, shuffle forward RLR  
9-12 Step L to left, touch R beside L, step R to right, touch L beside R  
13-14, 15&16 Step L forward, pivot 1/2 right weight on R, shuffle forward LRL

**RESTART & 4 COUNT TAG, 5th Pattern starting on front wall - Dance 1-40, then add:**

1-4 Step L forward, pivot 1/4 right, step L across R, hold... restart on front wall.

**End, Dance Mix: Pattern 8 starting on back wall: Dance counts 1-48, step R forward to front wall, hold**

**End, Album: Pattern 8 starting on back wall: Dance counts 1-32, but omit 1/4 turn on count 31, then step R forward to the front wall and hold.**

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