

Represent Cuba

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Edward Tam (MY) & Penny Tan (MY) - April 2013
音樂: Represent, Cuba (feat. Heather Headley) - Orishas



Sequence of dance: Intro/AAAA/(A-8 counts) / AAA/Intro/ A / (A-16 counts)
Introduction (32 counts)

SEC 1: Walk forward ,shuffle, 1/2 turn, forward shuffle

1-2,3&4 Walk forward R, L , R forward shuffle
5-6,7&8 Step L forward ½ turn to right , L forward shuffle

SEC 2: Walk forward ,shuffle, 1/2 turn, forward shuffle

1-2, 3&4 Walk forward R, L, R forward shuffle
5-6,7&8 Step L forward 1/2 to right , L forward shuffle

SEC 3: Side rock recover , together steps on spot R,L,R

1-2,3&4 Rock R on R side, recover on L , step R,L,R
5-6,7&8 Rock L to L side, recover on R, step L,R, L

SEC 4: Forward rock recover ,coaster steps (x 2)

1-2,3&4 R forward rock , recover on L , R coaster steps
5-6,7&8 L forward rock, recover on R , L coaster steps

A (32 counts)

SEC 1: Side Rock Recover, behind side cross (x 2)

1-2 Rock R on R , recover on L
3&4 Step R behind L, step L on L , step R over L
5-6 Rock L on L , recover on R
7&8 Step L behind R , step R on R, step L over R

SEC 2: Walk forward, shuffle, forward, twist ¼ turn R,L, ¼ turn touch

1-2,3&4 Walk forward R,L , R forward shuffle
5-6, 7&8 Step L forward on L, twist ¼ turn to R,L ,1/4 turn to L touch R beside L

SEC 3: Forward heel, side heel, sailor step , rocking chair

1-2, 3&4 Touch R heel forward , touch R heel to R side, sailor steps
5,6,7,8 L rocking chair

SEC 4: Forward rock recover, flick ½ turn to L , side touch , waves

1,2,3,4 Step L forward, recover on R (while flick L ½ turn to L) , step L on L , touch R to R
5&6&7&8 Cross R over L , step L on L ,step R behind L , step L on L , Cross R over L , step L on L ,
touch R beside

Start the dance again!

Note:-

Restart after 8 counts on wall 5
Add Intro (32 counts) after wall 8

Contact: seremban_info@yahoo.com

Last Revision - 3rd April 2013

