Silver Wings

級數: Improver / Intermediate

編舞者: Judith Campbell (NZ) - March 2012

音樂: Silver Wings - Garrett Hedlund : (Album: Country Strong - Movie Sound Track - iTunes)

Intro: wait 9 seconds then count 16 on the strong beats - start on the word "WINGS"

[1-8] ROCKING CHAIR - SHUFFLE HALF TURN - ROCK RECOVER

牆數: 4

- 1 2 3 4 Step/rock fwd on R, recover back on L, rock back on R, recover onto L
- 5&6 Shuffle fwd on R turning a ½ to L, (6:00)
- 7 8 Rock back on L, recover fwd on R

[9 - 16] SIDE ROCK CROSS (X3) LRL - STEP FWD HALF PIVOT

- 1&2 Step L to L, recover onto R (&), cross L over R,
- 3&4 Step R to R, recover onto L (&), cross R over L,
- 5&6 Step L to L, recover onto R (&), cross L over R,
- 7 8 Step fwd onto R ft, ½ pivot to L (12:00)

[17 – 24] CROSS ROCK – STEP – CROSS ROCK – STEP – QUARTER PADDLE LEFT - SIDE SHUFFLE to R

- 1 2& Cross/step R ft over L, recover back onto L, step R next to L (&),
- 3 4& Cross/step L ft over R, recover back onto R, step L next to R (&),
- 5 6 7&8 Step R ft fwd, turn ¼ to L (weight on L ft), side shuffle to R side (RLR) (9:00)

[25 – 32] ROCK RECOVER – SIDE SHUFFLE to L - TAP BEHIND HALF TURN to R - SWAY SWAY

- 1 2 3&4 Rock/step back on L, recover fwd on R, side shuffle to L side (LRL)
- 5 6 Tap R ft behind L, unwind ½ to R (taking weight onto L ft) (3:00)
- 7 8 Step R to R side sway, sway to L side
- [32] Start dance in new direction. Enjoy

Tag: At the end of WALL 3: (you will be facing 9:00) - add 4 more sways RLRL

I have dedicated this dance to our dear friend Lesley Stapleton, we miss you.

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拍數: 32