

# Life is a River

拍數: 48                      牆數: 2                      級數: Improver - waltz  
編舞者: Audrey Watson (SCO) - February 2013  
音樂: Life Is a River - Derek Ryan : (CD: Dreamers & Believers - iTunes)



Music slows down near the end of the dance, just dance through.

**Section One: Left Twinkle fwd, Right Twinkle, Fwd Twinkle, Back Twinkle.**

1-3                      Cross left over right, step right to right side, step left to left side.  
4-6                      Cross right over left, step left to left side, step right to right side.  
7-9                      Step fwd on left, step right next left, step left next right.  
10-12                      Step back on right, step left next right, step right next left.

**Section Two: ¼ Turn Twinkle, Back Twinkle, Step Sweep, Step Sweep.**

1-3                      Step fwd on left turning ¼ left, step right next left, step left next right.  
4-6                      Step back on right, step left to left side, step right to right side.  
7-9                      Step fwd on left, sweep right out and around over 2 counts.  
10-12                      Step fwd on right, sweep left out and around over 2 counts.

**Section Three: Cross Side Behind, Step Drag, Cross Back ¼ Turn, Step Kick Kick.**

1-3                      Cross left over right, step right to right side, step left behind right.  
4-6                      Step right to right side, drag left next right over 2 counts.  
7-9                      Cross left over right, step back on right, turn ¼ left stepping left to left side.  
10-12                      Step fwd on right, kick left foot fwd twice.

**Section Four: Triple ½ Turn, Step Kick Kick, Back Coaster Step, Step ½ Step**

1-3                      Turn ½ left stepping left, right, left.  
4-6                      Step fwd on right, kick left foot fwd twice.  
7-9                      Step back on left, step right next left, step fwd on left.  
10-12                      Step fwd on right, pivot ½ turn left, step fwd on right.

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