

# Breakin' It

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: John Warnars (NL) - April 2013  
音樂: Breakin' It - Mindy McCready : (CD: Ten Thousand Angels)



Intro 16 counts. No Tags \ Restarts (NC2S)

**(01-09) L SIDE STEP, ½ DIAMOND (back & front), R LOCK STEP BACK, L ROCK BACK, RECOVER, ¼ TURN R;**

- 1 LF big step to left side & RF drag next LF (weight on LF)
- 2 RF step with RF 1/8 turn right backwards (1:30)
- & LF step with LF backwards
- 3 RF step with RF 1/8 turn right to right side ((3)
- 4 LF step with LF 1/8 turn right forwards (4:30)
- & RF step with RF forwards
- 5 LF step with LF 1/8 turn right to left side (6)
- 6 RF step with RF backwards
- & LF cross step LF for RF (lock)
- 7 RF step with RF backwards
- 8 LF rock back on LF
- & RF recover back on RF
- 1 LF step with ¼ turn right to left side (9)

**(10-17) R CROSS BEHIND, L SIDE STEP, R CROSS ROCK, RECOVER, R SIDE STEP, L CROSS STEP, ¼ TURN L (back), ½ TURN L (fwds), ½ RUMBA BOX R;**

- 2 RF cross step RF behind LF
- & LF step LF to left side
- 3 RF cross rock RF over LF
- 4 LF recover back on LF
- & RF step RF to right side
- 5 LF cross step LF over RF
- 6 RF step with ¼ turn right backwards (6)
- 7 LF step with ½ turn right forwards (12)
- 8 RF step with RF to right side
- & LF step LF next RF
- 1 RF step with RF backwards

**(18-25) L SIDE SHUFFLE, CROSS ROCK BACK, RECOVER, ¼ TURN L STEP BACK, ½ (sweep) SAILOR TURN L, STEP (fwd), ¼ TURN L & R CROSS STEP;**

- 2 LF step with LF to left side
- & RF step RF next LF
- 3 LF step with LF to left side
- 4 RF cross rock RF behind LF
- & LF recover back on LF
- 5 RF step RF with ¼ turn left backwards (9)
- 6 LF step or sweep LF with ½ turn left forwards (3)
- & RF step RF next LF
- 7 LF step with LF forwards
- 8 RF step with RF forwards
- & LF+RF make a ¼ turn left ((12)
- 1 RF cross step RF over LF

**(26-32&)L SIDE STEP, ¼ TURN R (close), STEP (fwd), R MAMBO STEP with 1/2 TURN R, L PRESS or LUNGE(fwd), RECOVER, (prepare for) ¼ TURN L SIDE SHUFFLE;**

- 2 LF step with LF to left side
- & RF step RF with ¼ turn right next LF (3)
- 3 LF step with LF forwards
- 4 RF rock with RF forwards
- & LF recover back on LF
- 5 RF step RF with ½ turn right forwards (9)
- 6 LF press or rock LF forwards
- 7 RF recover back on RF
- 8 LF step LF with ¼ turn left to left side (6) (prepare for starting, ¼ turn L side shuffle)
- & RF step RF next LF
  
- 1 LF start again (big step to left side)

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