

Danza del sole

拍數: 96 牆數: 2 級數: Phrased Advanced
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音樂: La Danza Del Sole - Giampiero Vincenzi : (CD: La Danza del Sole - iTunes)



Sequence : AAAABCATag1 AAA Tag2

Tag1 (4 counts): hold

Tag2.(4 counts): claps the hands

Start after 16

PART A - 32 counts

S1: 2 Steps Forward, 2 Chasses Forward, Rock Step

1-2 Step R forward, step L forward
3&4 Step R forward, step L next to R, step R forward
5&6 Step L forward, step R next to L, step L forward
7-8 Step R forward, step back on L

S2: Step Side, Touch, ¼ Turn Chasse, ¼ Turn, Full Turn, L Pivot First 2 Steps Of Chasse

1-2 Step R to side, touch L beside R
3&4 Step L to side, step R beside L, ¼ turn on L
5-7 ¼ turn left on R, ½ turn left on L, ½ turn left on R,
8& ½ turn left on L, step R beside L

S3: Third Step Of Chasse, Touch, ¼ Turn Chasse, ¼ Turn, Full Turn, R Pivot First 2 Steps of Chasse

1-2 Step L to side, touch R beside L
3&4 Step R to side, step L beside R, ¼ turn right on R
5-7 ¼ turn right on L, ½ turn right on R, ½ turn right on L,
8& ½ turn right on R, step L beside R

S4: Rock Step, Coaster Step, ½ Turn Rock Step, First 2 Steps Of Chasse

1-2 Step R forward, recover back on L
3&4 Step R backward, step L next to R, step R forward
5-7 Step L forward, ½ turn right on R, step L forward
8& Step R forward, step L beside R

PART B - 32 counts

S5: Third Step Of Chasse, R Cuban Break, Two Crosses, Step, Touch, ¼ Turn, ¼ Turn First 2 Steps Of Chasse

1&2& Step R forward, recover L on place, step R to side, recover L on place
3&4 Cross R over L, step L to side behind R, cross R over L
5-7 Step L to side, touch R beside L, ¼ turn right on R,
8& ¼ turn right on L, step R beside L

S6: Third Step Of Chasse, Mambo Step, Three Crosses, ½ Turn Rock Step

1-2& Step L to side, step R to side, recover on L
3&4& Cross R over L, step L to side, cross R over L, step to L side
5-8 Cross R over L, step L to side, step R forward, ½ turn left on L

S7: Cuban Break, Full Turn R Crosses

1&2& Step R forward, recover L on place, step R to side, recover L on place
3&4 Step R forward, recover L on place, step R to side
&5 Step on ball of L on place, ¼ turn right crossing R over L

&6 Step on ball of L slightly behind R, ¼ turn right crossing R over L
&7&8 Repeat '&6' 2 more times to make a full turn facing the front wall again.

S8: Cuban Break, Full Turn L Crosses

1&2& Step L forward, recover R on place, step L to side, recover R on place
3&4 Step L forward, recover R on place, step L to side
&5 Step on ball of R on place, ¼ turn left crossing L over R
&6 Step on ball of R slightly behind L, ¼ turn left crossing L over R
&7&8 Repeat '&6' 2 more times to make a full turn facing the front wall again.

PART C - 32 counts

S9: Rock Step, Coaster Step, L Crosses

1-2 Step R forward, step L backward,
3&4 Step R backward, step L next to R, step R forward
5&6& Step L to side, cross R behind L, step L to side, cross R over L
7-8 Step L to side, step R beside L

S10: Rock Step, Coaster Step, R Crosses

1-2 Step L forward, step R backward,
3&4 Step L backward, step R next to L, step L forward
5&6& Step R to side, cross L behind R, step R to side, cross L over R
7-8 Step R to side, step L beside R

S11: Rock Step, Coaster Step, Full Turn R Crosses

1-2 Step R forward, step L backward,
3&4 Step R backward, step L next to R, step R forward
&5 Step on ball of L on place, ¼ turn right crossing R over L
&6 Step on ball of L slightly behind R, ¼ turn right crossing R over L
&7&8 Repeat '&6' 2 more times to make a full turn facing the front wall again.

S12: Cuban Break, Full Turn L Crosses

1&2& Step L forward, recover R on place, step L to side, recover R on place
3&4 Step L forward, recover R on place, step L to side
&5 Step on ball of R on place, ¼ turn left crossing L over R
&6 Step on ball of R slightly behind L, ¼ turn left crossing L over R
&7&8 Repeat '&6' 2 more times to make a full turn facing the front wall again.

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