

12 Ounce World

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: DJ Dan (NL) & Winnie (NL) - March 2013
音樂: 12 Ounce World - Rodney Hayden : (CD: 12 Ounce World. - iTunes)



Quick start: start dance on the word "twelve" (It's a "twelve" ounce world).

[1-8] CROSS SHUFFLE, HITCH, CROSS SHUFFLE, REVERSE RUMBA BOX

1&2& Cross Right over Left. Step Left to left side. Cross Right over Left. Hitch Left knee.
3&4 Cross Left over Right. Step Right to right side. Cross Left over Right.
5&6 Step Right to right side. Step Left next to Right. Step Right back.
7&8 Step Left to left side. Step Right next to Left. Step Left forward.

[9-16] TOE TOUCHES, SAILOR STEP, TOE TOUCHES, SAILOR STEP 1/2 TURN LEFT

1-2 Touch Right toe across Left. Touch Right toe forward on Right diagonal.
3&4 Cross Right behind Left. Step Left to left side, Step Right to right side.
5-6 Touch Left toe across Right. Touch Left toe forward on Left diagonal.
7&8 Cross Left behind Right 1/4 turn left. Step Right 1/4 turn left. Step Left forward [6]

[17-24] LOCK STEP FWD, MAMBO FWD, TOE STRUTS BACK, COASTER STEP

1&2 Step Right forward. Lock Left behind Right. Step Right forward.
3&4 Rock Left forward. Recover onto Right. Step Left back.
5& Step back on Right toe. Drop Right heel.
6& Step back on Left toe. Drop Left heel.
7&8 Step Right back. Step Left next to Right. Step Right forward.

[25-32] HEEL SWITCHES, SHUFFLE FWD, HEEL SWITCHES, STEP-PIVOT 1/4 TURN

1& Touch Left heel forward. Step Left next to Right.
2& Touch Right heel forward. Step Right next to Left.
3&4 Shuffle forward stepping Left, Right, Left.
5& Touch Right heel forward. Step Right next to Left.
6& Touch Left heel forward. Step Left next to Right.
7-8 Step Right forward. Pivot 1/4 turn left. [3]

Begin again.

Contact - Email: danny.winnie2@gmail.com