

# Brown Chicken Brown Cow

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Ed Royko (USA) - March 2013  
音樂: Brown Chicken Brown Cow - Trace Adkins



## **TOE HEEL CROSS HOLD/ TOE HEEL CROSS HOLD**

- 1-4      Touch right toe next to left foot, touch right heel next to left foot, cross right foot over left foot, hold  
5-8      Touch left toe next to right foot, touch left heel next to right foot, cross left foot over right foot, hold

## **BACK CROSS BACK HOLD/ BUMP, BUMP BUMP, HOLD**

- 1-4      Step back on right foot, cross left foot over right, step back on right foot, hold  
5-8      Bump hips left, right, left, hold

## **SIDE TOGETHER SIDE HOLD/SAILOR ¼ TURN HOLD**

- 1-4      Step right foot to right side, step left foot next to right, step right foot to right side, hold  
5-8      Step left foot behind right foot, step on right foot turning ¼ turn counterclockwise, step on left foot,  
hold

## **SHUFFLE FORWARD RLR HOLD/ SHUFFLE FORWARD LRL HOLD**

- 1-4      Step right foot forward, step left foot forward, step right foot forward, hold  
5-8      Step left foot forward, step right foot forward, step left foot forward, hold

## **REPEAT**

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