Moonshine Swing!



拍數: 40 牆數: 4 級數: Improver

編舞者: Sebastiaan Holtland (NL) - March 2013

音樂: I Feel Something - Lady Linn and her Magnificent Seven: (Album: Here We Go

Again - iTunes)



Start dancing at (14 sec).

Sec 1: [1-8] Syncopated Kicks Fwd R-L, Step Heel Swivel, Heel Switches 1/4 L, Step Heel Swivel.

1&2& Kick Rt forward, step Rt back in place, Kick Lt forward, step Lt back in place. (12:00)

3&4 Step Rt slightly forward, with R toes on the floor swivel R heel out, swivel R heel in weight

onto Lt.

Touch R heel forward, step Rt back in place, turn ¼ left (9) touch L heel forward, step Rt

back in place slightly to the left.

7&8 Step Rt slightly forward, with R toes on the floor swivel R heel out, swivel R heel in weight

onto Lt.

Restart Here WALL 3 after 8 count (facing 6 o'clock) after start again (facing 3 o'clock).

Sec 2: [9-16] Back, Back, ½ L, Back Mambo, Together, Side Mambo, Together, Syncopated Hip Bumps L-R-L, Weight.

1-2 Step Rt Back, step Lt back. (9:00)

3&4 Turn ½ left (3) mambo Rt back, recover on Lt, step Rt next to Lt.

5&6 Mambo Lt to the left, recover on Rt, step Lt next to Rt.

&7&8& Bump L hip to left, bump R hip to right, bump L hip to left, take weight onto Rt. (3:00)

Sec 3: [17-24] Back, ¼ L, Back, ½ Shuffle Turn, Kick, Replace, Side Rock, Recover, Kick & Point.

1-2 Step Lt back, turn 1/4 left (12) step Rt back.

Turn ½ left (6) step Lt forward, step Rt beside Lt, step Lt forward.
Kick Rt forward, step Rt back in place, rock Lt to the left, recover on Rt.
Kick Lt forward, step Lt back in place, point Rt out to the right. (6:00)

Sec 4: [25-32] Heel Across, Side, R Mambo Step Across, Side, Cross, 1/4 L, Back & Back, Walks Fwd R-L.

1-2 Step Rt cross Lt on heel, step Lt to the left.

3&4 Mambo Rt cross Lt, recover on Lt, step Rt to the right.
5&6 Cross Lt over Rt, turn ¼ Lt (3) step Rt back, step Lt back.

7-8 Walk Rt forward, walk Lt forward.

Sec 5: [33-40] Syncopated Cross Vine L, R Mambo Step Across, Side, Syncopated Cross Vine R, L Mambo Step Across, Side.

1&2& Cross Rt over Lt, step Lt to the left, step Rt behind Lt, step Lt to the left. (3)

3&4 Mambo Rt cross Lt, recover on Lt, step Rt to the right.

Cross Lt over Rt, step Rt to the right, step Lt behind Rt, step Rt to the right.
Mambo Lt cross Rt, recover on Rt, step Lt to the left weight onto Lt. (3:00)

Start again and have fun!

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