

# A Thousand Years Later

**COPPER** KNOB  
STEPPERS

拍數: 36      牆數: 4      級數: Improver / Intermediate  
編舞者: Wendy Loh (MY) - March 2013  
音樂: A Thousand Years Later (一千年以後) - JJ Lin (林俊傑)



Dance starts after 16 counts

## Section 1 : Basic Nightclub R then L, ½ R Step, Side, Behind , Side, Cross Rock Recover, Side

1,2&      Step RF to R, Rock LF behind RF, Recover on RF  
3,4&      Step LF to L, Rock RF behind LF, Recover on LF (12:00)  
5,6&7      Turn ½ R & Step RF forward, Step LF to side, Cross RF behind LF, Step LF to side (6:00)  
8&1      Cross Rock RF over LF, Recover on LF, Step RF to side

## Section 2 : Cross back, Side, Cross front, Side, Cross Rock Recover, Side, Cross Rock Recover, Side, Forward Rock Recover, ½ L Step

2&3&      Cross LF over RF, Step RF to side, Cross LF behind RF, Step RF to side (6:00)  
4&5      Cross Rock LF over RF, Recover on RF, Step LF to side  
6&7      Cross Rock RF over LF, Recover on LF, Step RF to side  
8&1      Rock LF forward, Recover on RF, Turn ½ L & Step LF forward (12:00)

## Section 3 ; 1½ L Turn, Coaster Step, Walk, Walk, Forward, Rock Recover, ½ R Step

2&3      Turn ½ L & Step RF back, Turn ½ L & Step LF forward, Turn ½ L & Step RF back (6:00)  
4&5      Step LF back, Step RF together, Step LF forward,  
6,7      Step RF forward, Step LF forward,  
8&1      Rock RF forward, Recover on LF, Turn ¼ R & Step RF to side (9:00)

## Section 4 : Forward Rock Recover, Coaster Cross Step, Press Step, Full Turn, Side, Behind, Side

2&      Rock LF forward, Recover on RF, (9:00)  
3&4      Step LF back, Step RF together, Cross LF over RF  
5,6      Press step RF diagonally forward, On ball of LF Turn L to make a full turn  
7,8&      Step RF to side, Cross LF behind RF, Step RF to side

## Section 5 : Cross Rock Recover, Side, Cross, Touch (4 COUNT)

1,2&      Cross Rock LF over LF, Recover on RF, Step LF to side (9:00)  
3,4      Cross RF over LF, Step LF beside RF

## Tag After Wall 4 (12:00)

1-4      Bounce lightly on both feet with both hands slowly raised from the side  
5,6,7      Step LF forward, Step RF forward, Step LF forward,  
8&1      Rock RF forward, Recover on LF, Turn ¼ R & Step RF to side (3:00)

... and Continue with Section 4

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