Friends



拍數: 32 牆數: 4 級數: Easy Intermediate

編舞者: Angels Guix (ES) - October 2012

音樂: Friends (feat. Rock Mafia) - Aura Dione



[1-8] SCUFF, HITCH, BACK, SIT & UP, KICK BALL CHANGE, STEP, FULL TURN, STEP BACK

1&	Scuff RF forward.	hitch DE
Iα	Scull Re lorward.	niich RE

Step RF back and bend right knee, straight knee to stand upKick LF forward, step in place on ball of LF, step RF forward

5&6 Step LF forward, step RF together, step LF forward

7&8 Step RF forward, ½ turn left and step on LF, ½ turn left and step RF back (look 12:00)

[9-16] SWEEP AND SAILOR STEP, 1/4 TURN SAILOR STEP, WEAVE

1&2	Sweep LF from front to back and step behind RF, step on ball of RF to right, step LF to left
3&4	Step RF behind LF, ¼ turn right and step on ball of LF to left, step RF to right diagonal (look
	3:00)

5&6& Step LF behind RF, step RF to right, cross LF over RF, step RF to right

7&8 Step LF behind RF, step RF to right, cross LF over RF

[17-24] DIAGONALLY LOCK STEPS, PIVOT TURN, BALL CHANGES TO ½ TURN in a wide circle

1&	Step RF diagonally right, lock LF behind RF
2&	Step RF diagonally right, lock LF behind RF
3&	Step RF diagonally right, lock LF behind RF
4 -	Ctan DE diamanally wight 1/ type left and atom

4,5 Step RF diagonally right, ½ turn left and step on LF (look 9:00)

&6 Step on ball of RF to side and start turning the ½ turn in a wide circle, cross LF over RF

&7 Step on ball of RF to side, cross LF over RF going on with the ½ turn

&8 Step on ball of RF to side and turn 1/8 to left, cross LF over RF ending the ½ turn in a wide

circle (look 3:00)

[25-32] 1/2 TURN JAZZ BOX x2, WALK x2, RUN BACKWARDS

1&2& Cross RF over LF, ¼ turn right and step LF back, ¼ turn right and step RF right, step LF

forward (look 9:00)

3&4& Cross RF over LF, ¼ turn right and step LF back, ¼ turn right and step RF right, step LF

forward (look 3:00)

5,6 Step RF forward, step LF forward

7&8& Step RF back, step LF back, step RF back, step LF back

Start again

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