

# Frozen

拍數: 32      牆數: 4      級數: Improver  
編舞者: Mark Furnell (UK) - March 2013  
音樂: Freeze - Jordin Sparks : (Album: Jordin Sparks - iTunes)



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## [1-8] □ Stomp, Hold, Ball Step Touch, Turn, Turn, Behind Side Cross

1,2            Stomp Rt Fwd, Hold  
&3,4          Step Lt next to Rt, Step Fwd Rt, Tap Lt toe next to Rt  
5-6           Step fwd Lt making 1/2 turn Lt, Step Rt to Rt making 1/4 turn Lt  
7&8          Step Lt behind Rt, Step Rt to Rt, Step Left over Rt.

**RESTART HERE ON WALL 5**

## [9-16] □ Switch and Switch, Heel and Heel, Step turn, shuffle

1&2           Touch Rt toe to Rt, Close Rt to Lt and Touch Lt toe to Lt  
&3&4          Step Lt next to Rt and Touch Rt heel Fwd, Close Rt to Lt and touch Lt heel fwd.  
&5,6          Close Lt to Rt and step fwd Rt, Pivot 1/2 turn Lt on Lt  
7&8           Step Fwd on Rt, Close Lt to Rt, Step Fwd on Rt.

## [17-24] □ Stomp Freeze, Switch and Switch, Stomp Freeze, Shuffle Back

1-2           Step Fwd on Lft, Hold  
&3&4          Close Lt to Rt and touch Rt heel Fwd, Close Rt to Lt and touch Lt heel Fwd.  
&5-6          Close Lt to right and step Fwd on Rt, Hold. Weight on Lt  
7&8           Step back on Rt, Close Lt to Rt, Step back Rt.

## [25-32] □ Rock Step, Turn, Coaster Step, Step, Turn, Turn

1,2           Rock back on Lt, Replace Lt,  
3            Step fwd Lt making 1/2 turn Rt  
4&5          Step Back Rt, Close Lt to Rt, Step fwd Rt  
6,7,8        Step Fwd Lt, Step fwd Rt making 1/2 turn Lt, Step Fwd Lt making 1/2 turn Lt

(Option here is just 3 walks fwd L, R, L,)

**Last Update – 31st May 2015**

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