

Heart of Courage

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Gordon Elliott (AUS) - March 2013
音樂: Heart of Courage - Amy Douglas : (Album: Heart Of Courage)



Choreographed for the Sydney Line Dance Ball in aid of Ronald McDonald House.

Original Position: Feet Together Weight On The Left Foot.
This dance is done in TWO directions. Introduction: On word "Moments"

ACROSS, ROCK-1/4 FORWARD-QUICK PIVOT-1/4 SIDE BEHIND-SIDE-ACROSS, SIDE-1/4 TURN-FORWARD

1, 2 Step R Across In Front Of Left, Rock Onto L,
& Turn 90deg Right Step R Forward,
3 & Pivot : Step L Forward, Turn 180deg Right Take Weight Onto R,
4 Turn 90deg Right Step L To The Side,
5 & 6 Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,
7 & 8 Step L To The Side, Turn 90deg Right Step R Forward, Step L Forward. (3.00) #

1/2 BACK-1/2 FORWARD-FORWARD, FORWARD-TOGETHER-BACK-TOGETHER, QUICK PADDLE-ACROSS, 1/4 BACK-1/2 FORWARD-1/4 SIDE

1 & Turn 180deg Left Step R Back, Turn 180deg Left Step L Forward,
2 Step R Forward,
3 & Step L Forward, Step R Together,
4 & Step L Back, Step R Together,
5 & Paddle : Step L Forward, Turn 90deg Right Take Weight Onto R,
6 Step L Across In Front Of Right,
7 & Turn 90deg Left Step R Back, Turn 180deg Left Step L Forward,
8 Turn 90deg Left Step R To The Side. (6.00)

BACK-ROCK-1/4 BACK-1/2 FORWARD-QUICK PADDLE-ACROSS, SCISSOR STEP, SIDE-1/4 TOGETHER-FORWARD

1 & Step L Back, Rock Forward Onto R,
2 & Turn 90deg Right Step L Back, Turn 180deg Right Step R Forward,
3 & Paddle : Step L Forward, Turn 90deg Right Take Weight Onto R,
4 Step L Across In Front Of Right, ##
5 & 6 Step R To The Side, Step L Together, Step R Across In Front Of Left,
7 & 8 Step L To The Side, Turn 90deg Right Step R Together, Step L Forward. (9.00)

FORWARD, ROCK, 1/2 FORWARD-1/2 BACK-BACK-HOOK, FORWARD-1/2 BACK-1/2 FORWARD, QUICK PADDLE-ACROSS-SIDE

1, 2 Step R Forward, Rock Back Onto L,
3 & Turn 180deg Right Step R Forward, Turn 180deg Right Step L Back,
4 & Step R Back, Hook L Heel To Right Shin,
5 & Step L Forward, Turn 180deg Left Step R Back,
6 Turn 180deg Left Step L Forward,
7 & Step R Forward, Turn 90deg Left Take Weight Onto L,
8 & Step R Across In Front Of Left, Step L To The Side. (6.00) **

[32] REPEAT THE DANCE IN NEW DIRECTION

TAG : At the END (**) of WALL 1 (BACK) & WALL 4 (BACK) add the following tag

1, 2 STEP R ACROSS IN FRONT OF LEFT, ROCK BACK ONTO L,

**RESTART 1 : On WALL 3 & WALL 6 dance to BEAT 8 (#) then
TURN 90deg LEFT and RESTART to the FRONT.**

RESTART 2 : On WALL 7 dance to BEAT 20 (##) and RESTART to the BACK.

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