

# Heart of Courage

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Gordon Elliott (AUS) - March 2013  
音樂: Heart of Courage - Amy Douglas : (Album: Heart Of Courage)



Choreographed for the Sydney Line Dance Ball in aid of Ronald McDonald House.

Original Position: Feet Together Weight On The Left Foot.  
This dance is done in TWO directions. Introduction: On word "Moments"

## ACROSS, ROCK-1/4 FORWARD-QUICK PIVOT-1/4 SIDE BEHIND-SIDE-ACROSS, SIDE-1/4 TURN-FORWARD

1, 2      Step R Across In Front Of Left, Rock Onto L,  
&      Turn 90deg Right Step R Forward,  
3 &      Pivot : Step L Forward, Turn 180deg Right Take Weight Onto R,  
4      Turn 90deg Right Step L To The Side,  
5 & 6      Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,  
7 & 8      Step L To The Side, Turn 90deg Right Step R Forward, Step L Forward. (3.00) #

## 1/2 BACK-1/2 FORWARD-FORWARD, FORWARD-TOGETHER-BACK-TOGETHER, QUICK PADDLE-ACROSS, 1/4 BACK-1/2 FORWARD-1/4 SIDE

1 &      Turn 180deg Left Step R Back, Turn 180deg Left Step L Forward,  
2      Step R Forward,  
3 &      Step L Forward, Step R Together,  
4 &      Step L Back, Step R Together,  
5 &      Paddle : Step L Forward, Turn 90deg Right Take Weight Onto R,  
6      Step L Across In Front Of Right,  
7 &      Turn 90deg Left Step R Back, Turn 180deg Left Step L Forward,  
8      Turn 90deg Left Step R To The Side. (6.00)

## BACK-ROCK-1/4 BACK-1/2 FORWARD-QUICK PADDLE-ACROSS, SCISSOR STEP, SIDE-1/4 TOGETHER-FORWARD

1 &      Step L Back, Rock Forward Onto R,  
2 &      Turn 90deg Right Step L Back, Turn 180deg Right Step R Forward,  
3 &      Paddle : Step L Forward, Turn 90deg Right Take Weight Onto R,  
4      Step L Across In Front Of Right, ##  
5 & 6      Step R To The Side, Step L Together, Step R Across In Front Of Left,  
7 & 8      Step L To The Side, Turn 90deg Right Step R Together, Step L Forward. (9.00)

## FORWARD, ROCK, 1/2 FORWARD-1/2 BACK-BACK-HOOK, FORWARD-1/2 BACK-1/2 FORWARD, QUICK PADDLE-ACROSS-SIDE

1, 2      Step R Forward, Rock Back Onto L,  
3 &      Turn 180deg Right Step R Forward, Turn 180deg Right Step L Back,  
4 &      Step R Back, Hook L Heel To Right Shin,  
5 &      Step L Forward, Turn 180deg Left Step R Back,  
6      Turn 180deg Left Step L Forward,  
7 &      Step R Forward, Turn 90deg Left Take Weight Onto L,  
8 &      Step R Across In Front Of Left, Step L To The Side. (6.00) \*\*

## [32] REPEAT THE DANCE IN NEW DIRECTION

TAG : At the END ( \*\* ) of WALL 1 (BACK) & WALL 4 (BACK) add the following tag

1, 2      STEP R ACROSS IN FRONT OF LEFT, ROCK BACK ONTO L,

RESTART 1 : On WALL 3 & WALL 6 dance to BEAT 8 ( # ) then  
TURN 90deg LEFT and RESTART to the FRONT.

RESTART 2 : On WALL 7 dance to BEAT 20 ( ## ) and RESTART to the BACK.

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