

Doctors & Nurses

拍數: 32 牆數: 4 級數: Improver
編舞者: Phoenix Adamson (NZ) - March 2013
音樂: Who's Ya Daddy? - Gerling



Intro: 32 Counts

HEEL WITH HOLD, TOUCH WITH ¼ TURN & HOLD, MAMBO, BACK – LOCK - BACK

- 1 – 2 & 3 – 4 Tap Right Heel Forward, HOLD, Touch Right Next To Left Making ¼ Turn Right (&), Step Left Beside Right, HOLD
5 & 6 Rock Forward On Right, Recover Onto Left, Step Back On Right
7 & 8 Step Back On Left, Cross Right Over Left, Step Back On Left

ROCK RECOVER, SHUFFLE ¾ TURN, HEEL & HOLD, BEHIND & CROSS WITH HOLD

- 1 – 2 Rock Back On Right, Recover Onto Left
3 & 4 Shuffle Back Making ¾ Turn Left Stepping Right – Left – Right
5 – 6 Tap Left Heel Forward, HOLD
& 7 – 8 Step Left Behind Right, Cross Right Over Left, HOLD

POINT, CROSS, SHUFFLE ½ TURN, HIP BUMPS

- 1 – 2 – 3 & 4 Point Left To Side, Cross Left Over Right (Slightly In Front Of), Shuffle ½ Turn Right Stepping Right – Left – Right
5 – 6 Step Left To Side & Bump Hips Left – Right
7 & 8 Bump Hips Left – Right – Left

BACK POINT, BACK POINT, SAILOR ¼ TURN, STEP & HOLD

- 1 – 2 Step Right Behind Left, Point Left To Side
3 – 4 Step Left Behind Right, Point Right To Side
5 & 6 Step Right To Side Making ¼ Turn Right, Step Left Next To Right, Step Right Next To Left
7 – 8 Step Forward On Left, HOLD

REPEAT

RESTART: On Wall 11 The Last 8 Counts Are Left Out & A Restart Follows (This Becomes Wall 12)

TAG & RESTART: On Wall 12 The Last 8 Counts Are Left Out & Replaced With A 4 Count Tag Which Is Followed By A Restart (This Becomes Wall 13)

- 1 – 2 – 3 – 4 Step Right To Side, Touch Left Next To Right, Step Left To Side, Touch Right Next To Left
-