

My Dancing Queen

COPPER KNOB
STEPSHEETS

拍數: 112 牆數: 3 級數: Phrased Intermediate
編舞者: Nancy Lee (MY), Edward Tam (MY) & Penny Tan (MY) - March 2013
音樂: Dancing Queen by Girl Generation (SNSD)



Intro : 48 Count(from heavy beats)

Sequence : Part A -64-48-64-48/Part B -32 – TAG (8)/Part B -48-48/ Last Wall - Part A- 40

Hey everyone!

You are allowed to add & modify the styling/ attitude of the dance.

Hope you enjoy the dance and be a Dancing Queen !!

→Part A – 64 Count

Section A1

[1-8] Step Side, Behind, Side, Cross, Side, Point, ¼ L turn kick, Coaster

1-2& Step R to R side, cross L behind R, step R to R side
3 - 4 L Cross over R, step R to R side
5 – 6 Touch L beside R, ¼ turn L(9:00), kick L forward
7&8 Step back on L , step R beside L, step L forward

Section A2

[9-16] Forward lock step, Shuffle, Side, Shoulder pops or Hip Rolls

1-2 Step R forward ,lock L behind R
3&4 Step R forward , step L behind R, step R forward
5-6 Step L to L side with shoulder pops from L – R
7&8 Shoulder Pops or Hip Rolls LRL (Weight end on L)

Section A3

[17-24] Touch, Kick, Coaster,Cross Rock, Recover, Sailor ¼ L Turn Fwd

1-2 Touch R Beside L, Kick R Fwd
3&4 R Coaster Step
5-6 L Cross over R, Recover on R
7&8 L Sailor ¼ Turn L (6:00)

Section A4

[25-32] Prissy Walks R , Hold, L , Hold, ½ L turn , step R to side, Step L to L Side, Push Hip to R, Push Hip to Left

1-2-3-4 Cross Walk R , Hold, Cross Walk L , Hold
5-6 ½ Turn L, Step R to R Side , Step L to L Side (12:00)
7-8 Push Hip to R, push Hip to L (Weight end on L)

(For styling : please refer to my dance demo or you may create your own!)

Section A5

[33-40] Toe Heel Cross Hold,Toe Heel ½ R Hold (6:00)

1-4 (Sugarfoot)R Toe ,Heel ,Cross, Hold,
5-8 (Sugarfoot) L Toe, Heel, make ½ Turn R, on ball of R, Step L Fwd , Hold

(Last Wall ends here)

Section A6

[41-48] R Diagonally Back, Touch L , L Diagonally Back, Touch R, Touch R Fwd , Hip Rolls (6:00)

1-4 Step R diagonally back, Touch L beside R, Repeat on L
5-8 Touch R Fwd, Hip Rolls CCW (Twice) Weight end on L

*** Restart after count 48- on Wall 2 & Wall 4 (Drag and touch R beside L on Count 48)

Section A7

[49-56] Close R, ¼ L Turn , Point L Fwd, Hold, Heel Split x 2, Kick Fwd R , Kick Fwd L (3:00)

- & 1-2 Close R beside L (&), ¼ L Turn, Point L Fwd (1), Hold (2)
&3&4 Split Heels out (&), Heels In (3), Split Heels out (&), Heels In (4)Weight on L
5-8 Kick R Fwd, Step Down on R, Kick L Fwd, Step Down on L

Section A8

[57-64] R Toe Strut Fwd, ½ Turn L Toe Strut L, ¼ L Toe Strut, Step Back L , Touch R

- 1-2-3-4 R Toe Strut fwd, ½ Turn L , L Toe Strut Fwd (9:00)
5-6-7-8 ¼ Turn L , R Toe Strut Fwd, L Push/Step Back, Touch R (6:00)

Part B - (48 Count)

Section B1

[1-8] R Kick Diag. Fwd, Cross , Step Back, Touch R Fwd, Hip Shakes(12:00)

- 1-4 Kick R Diagonally Fwd, Cross step R over L, L Step Back, Touch R Fwd (Weight on L)
5&6& Hip Shakes R,L,R,L (Up/Down/Up/Down, Weight on L)
7&8 Repeat Hip Shakes R,L,R (Up/Down/Up, Weight on L)

Section B2

[9-16] ¼ R Turn Sweep Step, Hitch L, Point L to Side , Hitch L, Point Fwd, Point Behind, Body Roll (12:00)

- 1-4 ¼ Turn R Sweep and Step R (1), Hitch L (2),Point L To L(3), Hitch L (4)(3:00)
5-8 Point L Fwd(5), Toe Point L Behind (6), ¼ L Turn Body Roll (7,8) (Weight on L) (12:00)

Section B3

[17-24] Kick Ball Cross ¼ Turn R x 4 (9:00)

- 1&2 Kick R foot forward, step ball of R foot back to place, cross L foot

Over R

- 3&4 ¼ Turn R, Repeat the above
5&6 ¼ Turn R, Repeat the above
7&8 ¼ Turn R, Repeat the above

Section B4

[25-32] ¼ Turn R Lock Step Fwd, Twist ½ Turn L , Recover Twist ½ Turn R, Touch L , Hip Shakes Up Down(L, R) (12:00)

- 1-2 ¼ Turn R , Step R Fwd, Lock L Behind
3&4 Step R Fwd, Lock L , Step R Fwd
5-6 Twist Turn ½ L (5) weight on L, Twist Turn ½ R (6) weight on R
7&8 Touch L beside R(7),Hip Shakes Up Down, L (&), R (8) Weight on R

(Note: Add TAG -8 count here during Wall 5 (12:00), then restart Part B –Wall 6

Section B5

[33-40] L Step Back Diagonally, Touch R, R Step Fwd Diagonally, Touch L, ¼ turn L , Step L to Side, Touch R, Step R To Side , Touch L (9:00)

- 1-4 L Step Back Diagonally, Touch R, R Step Fwd Diagonally, Touch L
5-8 ¼ Turn L, Step L to side, Touch R, Step R To Side, Touch L (9:00)

Section B6

[42-48] Ball Cross Unwind 1/2 Turn L, Hip Sways (3:00)

- & 1-2 Step down on ball of L (&), Cross R over L (1), Cross Unwind ½ Turn L (2) weight on R
3-4 Hip Sways L , R
5-8 Hip Sways Down L,R(5,6), Sway Up (7), Touch R beside L (8)

TAG – 8 Count

- 1-2 Step L Fwd, ¼ Turn L, Point R to R side (9:00)
3-4 Cross R over L, Step L to L
5-6 Step back R, ½ Turn L , Step L Fwd (3:00)

7-8 ¼ Turn L, Sweep R from back to front (7), Touch R in front L (8) (12:00) Weight on L

Happy Dancing !!

For Song & Step sheet, please contact: Email : swan9198@gmail.com

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