

Life Keeps Bringing Me down

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Easy Improver
編舞者: Marie Sørensen (TUR) - March 2013
音樂: Life Keeps Bringin' Me Down - Alan Jackson : (Album: Thirty Miles West)



Intro: 36 Counts

VINE, SCUFF, ROCKIN` CHAIR

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, scuff left diagonal fwd. right (01:30)
5-6 Cross rock left over right, recover
7-8 Diagonal back rock left, recover (01:30)

STEP ½ TURN STEP, JAXX BOX, CROSS

1-2 Step fwd. left, ½ turn right (07:30)
3-4 Step fwd, left, scuff right fwd.
5-6 Cross right over left, step back on left
7-8 Step right beside left, cross left over right (06:00)

HIP BUMPS 4 TIMES, CROSS, POINT, TOUCH, POINT

1-2 Step right to right side, sway right, left
3-4 Sway right, left
5-6 Cross right over left, point left to left side
7-8 Touch Left beside right, point left to left side (06:00)

CROSS BEHIND, HOLD, CROSS BEHIND, HOLD, COASTER STEP, CROSS, HOLD

1-2 Step left behind right, hold
3-4 Step right behind left, hold
5-6 Step back on left, step right beside left
7-8 Cross left over right, hold (06:00)

RESTART: During wall 3 – After 20 counts – Facing 06:00

TAGS:-

After wall 6 – 4 Counts tag – Facing 12:00 – Sway right, left, right, left

After wall 9 – 4 Counts tag – Facing 06:00 - Sway right, left, right, left

Have Fun!

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