

Get Loose

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Materne Georgette (FR) - March 2013
音樂: Get Loose (feat. Derry D) - Moonshine Bandits



intro: 32 counts

SCUFF ,HITCH SIDE, SCUFF, HITCH,SIDE, 1/2 TURN PADDLE TURN L

1&2 RF scuff, hitch, step side right
3&4 LF scuff, hitch, step side left
5&6& LF 1/8 turn L, touch RF side R,RF hitch knee, LF 1/8 turn L, touch RF side R,RF hitch knee
7&8 LF 1/8 turn L, touch RF side R,RF hitch knee, LF 1/8 turn L, touch RF side R,RF touch
 beside LF

HEEL FORWARD, HEEL SIDE, BACK STEP, HEEL FORWARD, HITCH, LOCK STEP DIAGONALLY FORWARD L AND R

1-2 RF touch heel forward, RF heel touch side
3-4& RF step back, LF touch heel forward, LF hitch
5&6 LF step forward diag. l, RF lock behind to LF, LF step forward diagonally left
7&8 RF step forward diagonally right, LF lock behind to RF, RF step forward diagonally R

WALK, WALK, SWIVEL, BACK, TOGETHER, SWIVEL

1-2 RF step forward, LF step forward
3&4 RF & LF swivel heels out, in, out
5-6 RF step back, LF step next to RF
7&8 RF & LF swivel heels out , in, out

SCUFF, HITCH 1/4 TURN L, COASTER STEP, TOE TOUCH, CHEST POP X2

1&2 RF scuff, RF hitch knee 1/4 turn left, RF step back
3&4 LF step back, RF step next to LF, LF step forward
5&6 RF touch toe, 2 x chest pop body turning left
7&8 LF toe touch, 2x chest pop body turning right
