

Shake, Shimmy, Shake

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gail Davis (NZ) - March 2013
音樂: All Shook Up - Elvis Presley



Intro: 16 Counts

HEEL SWITCHES, SHIMMY RIGHT

1 & 2 & 3 & 4 & Tap Right Heel Forward, Step Right Next To Left, Tap Left Heel Forward, Step Left Next To Right, Tap Right Heel Forward, Step Right Next To Left, Tap Left Heel Forward, Step Left Next To Right
5 – 6 – 7 – 8 Step Right To Side & Shimmy Shoulders Right – Left, Touch Left Beside Right, HOLD

SHIMMY LEFT, 2 ½ PIVOTS

1 – 2 – 3 – 4 Step Left To Side & Shimmy Shoulders Left – Right, Touch Right Beside Left, HOLD
5 – 6 Step Forward On Right, Pivot ½ Turn Left
7 – 8 Step Forward On Right, Pivot ½ Turn Left

2 TOE STRUTS, 3 ELVIS KNEES WITH HOLD

1 – 2 – 3 – 4 Step Forward On Right Toe, Drop Heel, Step Forward On Left Toe, Drop Heel
5 – 6 – 7 – 8 Turn Right Knee Inwards, While Dropping Right Heel Turn Left Knee Inwards, While Dropping Left Heel Turn Right Knee Inwards, HOLD

JAZZ SQUARE WITH ¼ TURN, ROCKING CHAIR

1 – 2 – 3 – 4 Cross Right Over Left, Step Back On Left Making ¼ Turn Right, Step Right To Side, Close Left Beside Right
5 – 6 – 7 – 8 Rock Forward On Right, Recover Onto Left, Rock Back On Right, Recover Onto Left

REPEAT

TAG & RESTART:

On Wall 2 There Is A 4 Count Tag Followed By A Restart That Comes In After 1st 12 Counts (This Becomes Wall 3)

On Wall 4 There Is A 4 Count Tag Followed By A Restart That Comes In After 1st 12 Counts (This Becomes Wall 5)

On Wall 7 There Is A 4 Count Tag Followed By A Restart That Comes In After 1st 12 Counts (This Becomes Wall 8)

TAG: KICK BALL – CHANGE, KICK BALL – CHANGE

1 & 2 Kick Right Foot Forward, Step Right Next To Left, Step Left Next To Right
3 & 4 Kick Right Foot Forward, Step Right Next To Left, Step Left Next To Right

ENDING: On Wall 10 Leave Off Last 4 Counts & Do A Second Jazz Square With A ½ Turn For A FABULOUS Finish