

Boom Sh-Boom

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate / Advanced - WCS feel
編舞者: Rachael McEnaney (USA) - February 2013
音樂: Boom Sh-Boom - Martin Sexton : (Album: Sugarcoating - iTunes - 3:26)



Count In: 16 counts from start of track. Approx 96bpm.

Notes: There is 1 restart on the 4th wall. 4th wall begins facing 3.00 do the first 16 counts then restart facing 9.00

[1 - 8] R back rock (bump), ball cross, L side rock kick, R side, L touch, L kick ball, walk R,L.

- 1 & 2 Rock right foot back on diagonal (stepping to 4.30) as you push hips back (1), step in place on ball of left (&), cross right over left (2) 10.30
- 3 & 4 Rock left to left side (3), recover weight onto right (&), kick left foot forward (4) 12.00
- & 5 & 6 Step left next to right (&), step right to right side (5), touch left next to right (&), kick left towards left diagonal (6) 10.30
- & 7 - 8 Step in place on ball of left (&), step forward right (7), step forward left (8) (these 2 walks are both done towards diagonal) 10.30

[9 - 16] R mambo with 3/8 turn R, step L, ¼ pivot R, cross L, R side rock into weave L with heel dig

- 1 & 2 Rock forward right (1), recover weight to left (&), make 3/8 turn right stepping forward right (2) 3.00
- 3 & 4 Step forward left (3), pivot ¼ turn right (&), cross left over right (4) 6.00
- 5 & 6 & Rock right to right side (5), recover weight to left (&), cross right over left (6), step left to left side (&) 6.00
- 7 & 8 Cross right behind left (7), step left to left side (&), touch right heel towards right diagonal (8) 6.00

Restart here on 4th wall – you will be facing 9.00 wall when you restart the dance.

[17 - 24] Ball cross L, unwind full turn R, R chasse, Fwd & back rocks with hips, ½ turn R

- & 1 - 2 Step in place on ball of right (&), cross left over right (1), unwind full turn to right (weight ends left) (2) 6.00
- 3 & 4 Step right to right side (3), step left next to right (&), step right to right side (4) 6.00
- 5 - 6 Step forward on left pushing all weight forward with hip roll (5), rock weight back on to right pushing hips back (6) 6.00
- 7 - 8 Rock weight forward onto left pushing all weight forward with hip roll (7), make ½ turn right stepping forward on right (8) 12.00

[25 - 32] Walk fwd L-R, step fwd L, ¼ turn L with R ball change, cross R, full turning triple step, R toe tap-touch

- 1 - 2 Step forward left (1), step forward right (2) 12.00
- 3 & 4 Step forward left (3), make ¼ turn left as you step ball of right to right side (&), step in place on left (4) 9.00
- 5 6 & 7 Cross right over left (5), make ¼ turn right stepping back on left (6), make ½ turn right stepping forward on right (&), make ¼ turn right taking big step to left side (7) 9.00
- & 8 Bringing right foot in towards left - Tap right toe about shoulder width from left (&), touch right toe next to left (8) 9.00

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.

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