

Sad Saturday Night ?

拍數: 64 牆數: 4 級數: Improver
編舞者: Roz Chaplin (UK) & Lorna Mursell (UK) - March 2013
音樂: Nobody's Sad On A Saturday Night - Uncle Kracker : (CD: Midnight Special)



16 Count Intro

RIGHT KICK FORWARD, SIDE, BEHIND, SIDE CROSS, LEFT KICK FORWARD, SIDE, TOUCH

1-2 Kick right forward, kick right to right side
3&4 Cross right behind left, step left to left side, cross right in front of left
5-6 Kick left forward, kick left to left side
7-8 Step left to left side, touch right beside left

CROSS, BACK, RIGHT CHASSE, BACK ROCK, SIDE DRAG

1-2 Cross right over left, step back on left
3&4 Step right to right side, close left beside right, step right to right side
5-6 Rock back left behind right, recover on to right
7-8 Step large step to left, drag right beside left

Restart Here Wall 4

BACK ROCK, KICK BALL CROSS, DIAGONAL ROCKING CHAIR,

1-2 Rock back right behind left, recover onto left
3&4 Kick right forward, step right beside left, cross left over right
5-6 Rock forward diagonally on right, recover onto left
7-8 Rock back diagonally on right, recover onto left (coming back to centre wall)

SIDE ROCK, COASTER ¼ TURN, FORWARD, TOUCH, BACK, KICK

1-2 Rock right to right side, recover onto left
3&4 Make ¼ turn right stepping back on right, step left beside right, step forward on right (3)
5-6 Step forward on left, touch right beside left
7-8 Step back on right, kick left forward

BACK ROCK, SHUFFLE FORWARD, JAZZ BOX ¼ TURN,

1-2 Rock back on left, recover onto right
3&4 Step forward on left, close right beside left, step forward left
5-6 Cross right over left, step back on left
7-8 Step right ¼ turn right, step left beside right (6)

TOE TOUCHES, SAILOR ¼ TURN RIGHT, ROCKING CHAIR

1-2 Touch right toe forward, touch right toe to right side
3&4 Cross right behind left, turn ¼ right and step left to side, step right to side (9)
5-8 Rock forward on left, recover onto right, rock back on left, recover onto right

FORWARD ROCK, COASTER STEP, FORWARD ROCK, ½ TURN, SCUFF

1-2 Rock forward on left, recover onto right
3&4 Step back on left, step right beside left, step forward on left
5-6 Rock forward on right, recover onto left
7-8 Make ½ turn right with right, scuff left foot forward (3)

WALK, WALK, SHUFFLE FORWARD, RIGHT TOE STRUT, LEFT TOE STRUT

1-2 Walk forward left, walk forward right
3&4 Step forward left, close right beside left, step forward left
5-6 Touch left toes to floor, drop heel taking weight

7-8

Touch right toes forward, drop heel taking weight
