

# A Little Outta Control

**COPPERKNOB**  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Ultra Beginner  
編舞者: Gail Smith (USA) - February 2013  
音樂: Outta Control (Original Radio Edit) (feat. Francisco) - De-Lano



## INTRO: 32 Counts - Start on Lyrics

### HEEL SPLITS ( X2), R HEEL - TOE TOUCHES ( X2 )

- 1 - 2      Swivel both heels apart, swivel both heels together
- 3 - 4      Swivel both heels apart, swivel both heels together
- 5 - 6      Touch R heel FWD, touch R toe next to L
- 7 - 8      Touch R heel FWD, touch R toe next to L (12:00)

### DIAGONAL STEP TOGETHER FWD R with CLAPS ( X 4 ) (Use your hips)

- 1 - 2      Step R FWD diagonal, step (or slide) L next to R & CLAP
- 3 - 4      Step R FWD diagonal, step (or slide) L next to R & CLAP
- 5 - 6      Step R FWD diagonal, step (or slide) L next to R & CLAP
- 7 - 8      Step R FWD diagonal, touch L next to R & CLAP (1:00)

### L GRAPEVINE w 1/4 TURN, SCUFF, ROCKING CHAIR

- 1 - 2      L step to side, step R crossed behind (9:00)
- 3 - 4      Turn 1/4 left and step FWD, scuff R
- 5 - 6      Rock R FWD, recover on L
- 7 - 8      Rock R backward, recover on L (9:00)

### SHIMMIES RIGHT & LEFT

- 1 & 2      Step R to side and shake shoulders (or whatever you want)
- 3 - 4      Step L together, hold and Clap
- 5 & 6      Step L to side and shake shoulders (or whatever you want)
- 7 - 8      Step R together, hold and Clap (9:00)

## REPEAT

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