

Hard To Be A Lady

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2013
音樂: Hard To Be A Lady – Jolie Holiday



Start after 16 count intro – approx. 9 secs into song – [109bpm – 3mins 24secs]

[1-8] R cross rock/ recover, R chasse, L cross rock/recover, L coaster step

1-2 Cross rock R over L, recover weight on L
3&4 Step R side, step L together, step R side
5-6 Cross rock L over R, recover weight on R
7&8 Step L back, step R together, step L forward (12 o'clock)

[9-16] Prissy walk fwd 2, R fwd cha, L fwd rock/recover, ¼ L extended cha

1-2 Cross step R over L, cross step L over R
3&4 Step R forward, step L together, step R forward
5-6 Rock L forward, recover weight on R
7&8& Turning ¼ left step L side, step R together, step L side, step R together (9 o'clock)

[17-24] L vine with ¼ L, R fwd, ¼ L pivot turn, R cross step, L chasse

1-2 Step L side, cross step R behind L (dip)
3-4 Turning ¼ left step L forward, step R forward
5-6 Pivot ¼ left, cross step R over L
7&8 Step L side, step R together, step L side (3 o'clock)

[25-32] R rock back/recover, R fwd, L side point, L fwd rock/recover, ½ L cha

1-2 Rock R back, recover weight on L
3-4 Step R forward, point L side
5-6 Rock L forward, recover weight on R
7&8 Turning ½ left step L forward, step R together, step L forward turning body slightly towards left diagonal
(9 o'clock)

5th wall RESTART: During wall 5 which starts facing front wall dance first 8 counts and restart the dance again facing front wall.

BIG ENDING: Dance first 4 counts cross step L over R and unwind ½ right to front

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