

Through The Lens

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Yvonne Anderson (SCO) - February 2013
音樂: Telescope (feat. Hayden Panettiere) (Radio Mix) - Nashville Cast : (Album: The Music of Nashville, OST)



Notes: Start On main Vocal. 4 count tag at the end of walls 2 (facing 12 o'clock) and 5 (facing 6 o'clock) . To finish facing forward see note below.

[1-8] DIAGONAL STEP, LOCK, HIP SWAY R & L

1-2 Step R forward to right diagonal, Lock L behind right [1.30]
&3-4 (&) Step R to side squaring off to wall, Rock L to left, Recover weight on R [12]
5-6 Step L forward to left diagonal, Lock R behind left [11.30]
&7-8 (&) Step L to left squaring off to wall, Rock R to right, Recover weight on L [12]

[9-16] SIDE SHUFFLE, BEHIND, UNWIND 1/2 TURN LEFT, SYNCOPATED CROSS ROCKS

1&2 Step R to right, (&) Step L beside right, Step R to right [12]
3-4 Touch L toes behind right, Unwind 1/2 turn left taking weight on L [6]
5-6 Rock R across left, Recover weight on L [6]
&7-8 (&) Step R beside left, Rock L across right, Recover weight on R [6]

[17-24] SHUFFLE BACK, COASTER STEP, 3/4 TURN RIGHT, CROSS SHUFFLE

1&2 Shuffle back stepping L, R, L [6]
3&4 Step R back, (&) Step L beside right, Step R forward preparing to turn [6]
5-6 Make 1/2 turn right stepping L back, Make 1/4 turn right stepping R to right [3]
7&8 Step L across right, (&) Step R to right, Step L across right [3]

[25-32] SIDE ROCK RECOVER, BEHIND-SIDE-CROSS, HINGE TURN RIGHT, SHUFFLE FORWARD

1-2 Rock R to right, Recover weight on L [3]
3&4 Step R behind left, (&) Step L to left, Step R across left [3]
5-6 Make 1/4 turn right stepping L back, Make 1/4 turn right stepping R to right [9]
7&8 Shuffle forward stepping L,R,L [9]

[33-40] HEEL SWITCHES, STEP DRAW, HEEL SWITCHES, STEP DRAW

1&2&& Touch R heel forward squaring, (&) Step R beside left, Touch L heel forward, (&) Step L beside right [9]
3-4 Step R forward to right diagonal (long step), Draw L towards right squaring off to wall weight ends on left [9]
5&6&& Touch L heel forward, (&) Step L beside right, Touch R heel forward, (&) Step R beside left [9]
7-8 Step L forward to left diagonal (long step), Draw R towards left squaring off to wall weight ends on left [9]

***Dance ends at this point during wall 7...to finish facing forward adjust the draw step, allow the left foot to pivot an 1/8th ish to face forward as you draw your right foot in ***

[41-48] ROCK FORWARD, RECOVER, SHUFFLE 1/2 TURN RIGHT, FULL TURN RIGHT, STEP-1/4 TURN RIGHT-CROSS

1-2 Rock R Forward, Recover weight on L [9]
3&4 Make 1/2 turn right stepping R,L,R [3]
5-6 Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R forward [3]
7&8 Step forward, (&) Make 1/4 turn right, Step L across right [6]

TAG: 4 counts, end of wall 2 facing 12 o'clock and wall 5 facing 6 o'clock

[1-4] RIGHT DIAGONAL ROCKING CHAIR

1-4 Rock R forward to right diagonal, Recover weight on L, Rock R back, Recover weight on L

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