

Simply Polka

COPPER KNOB
STEPPERS

拍數: 32 牆數: 1 級數: Easy Beginner
編舞者: Don Pascual (FR) - March 2013
音樂: Traditionnal Polka music



This dance is specially dedicated to the « Chinook Country Line Dancers » of Calgary (Canada)

Line dance inspired by the Patty Cake Polka (mixer dance)

Start after 8 counts - Just follow the beat of the music...

Section 1: (L Heel forward, Touch L beside R) x2, shuffle to the L, (stomp up R beside L) x2

1-4 L heel forward, touch L beside R, L heel forward, touch L beside R
5&6 Step L to the L, step R beside L, step L to the L
7-8 Stomp up R beside L, stomp up R beside L

Section 2: (R Heel forward, Touch R beside L) x2, shuffle to the R, (stomp up L beside R) x2

1-4 R heel forward, touch R beside L, R heel forward, touch R beside L
5&6 Step R to the R, step L beside R, step R to the R
7-8 Stomp up L beside R, stomp up L beside R

Section 3: (Stomp L forward, clap, clap, ½ T to the R and stomp R forward , clap, clap) x2

1&2 Stomp L forward, clap, clap
3&4 ½ T to the R and stomp R forward, clap, clap
5&6 Stomp L forward, clap, clap
7&8 ½ T to the R and stomp R forward, clap, clap

Section 4: Walks forward, point L to the L, clap clap, L back step, R beside L, knees bent, straight

1-2 Step L forward, step R forward
3&4 Point L to the L, clap, clap
5-6 L back step, R beside L
7-8 Knees bent (knees outward), recover

Style: Hands at your waist during the whole dance

Have fun with this dance...

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