

Body Goes Boom!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Tim Gauci (AUS) - February 2013
音樂: Boom Boom - Justice Crew : (Single - iTunes - 3.06)



Begin dance 16 beats in, on main vocals

[1-8] BACK, ROCK, STEP, LOCK STEP, PADDLE ¼, CROSS SHUFFLE 3.00

1 2 3&4 Step R back, rock weight fwd onto L, step R fwd, lock L behind R, step R fwd
5 6 7&8 Step L fwd, paddle ¼ R, cross shuffle L over R (LRL)

[9-16] SIDE TWIST, TOG, SIDE SHUFFLE, CROSS, ROCK, ¼ SHUFFLE 12.00

1 2 3&4 Step R to R side (stepping with toes angling to L45), step L tog (straightening toes) – (or alternatively step side, tog), shuffle R to R side (RLR)
5 6 7&8 Cross L over R, rock weight onto R, making ¼ turn shuffle L (LRL)

[17-24] FWD, ROCK, ½ TURN SHUFFLE, FWD, ROCK, COASTER STEP 6.00

1 2 3&4 Step R fwd, rock weight onto L, making ½ turn R shuffle RLR
5 6 7&8 Step L fwd, rock weight onto R, step L back, step R tog (&), step L fwd

[25-32] CROSS, SIDE, SAILOR STEP, CROSS, ¼, BACK, LOCK, BACK 3.00

1 2 3&4 Cross R over L, step L to L, step R behind L, step L to L (&), step R to R
5 6 7&8 Cross L over R, making ¼ turn L step R back, step L back, cross R over L (&), step L back

[32 beats] Repeat dance in new direction

No Tags or Restarts, just enjoy

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