

# Old Friend

**COPPER**KNOB  
STEPSHEETS

拍數: 48                      牆數: 4                      級數: Easy Intermediate  
編舞者: W.D. Chapman - August 2010  
音樂: Old Friend (Competition Mix) - Scooter Lee : (Album: The Honky Tonk Twist...and then some)



– Dedicated to my Wife, Rosaline – my Best Friend – with love

## [1–12] FORWARD,SIDE,ROCK,WEAVE LEFT,SIDE,DRAG,BACK,ROCK,TOUCH,HOLD

1-2-3                      L Step forward to Right diagonal, R Rock-step to side Right, Recover onto L,  
4-5-6                      R Cross-step over L, L Step to side Left, R Cross-step behind L,  
1-2-3                      L large Step to side Left, R Drag toward L, R Rock-step back behind L,  
4-5-6                      Recover onto L, R Toe Touch to side Right (slightly raising L Heel), HOLD (lowering L Heel),

## [13–24] CROSS,SIDE,ROCK,WEAVE RIGHT,SIDE,DRAG,BACK,ROCK,TOUCH,HOLD

1-2-3                      R Cross-step over L, L Rock-step to side Left, Recover onto R,  
4-5-6                      L Cross-step over R, R Step to side Right, L Cross-step behind R,  
1-2-3                      R Large step to side Right, L Drag toward R, L Rock-step back behind R,  
4-5-6                      Recover onto R, L Toe Touch to side Left (slightly raising R Heel), HOLD (lowering R Heel),

## [25–36] BACK,SIDE,ROCK,BACK,SIDE,ROCK,BACK,ROCK,FORWARD,STEP,1/4 PIVOT,CROSS

1-2-3                      L Step back, R Rock-step to side Right, Recover onto L,  
4-5-6                      R Step back, L Rock-step to side Left, Recover onto R,  
1-2-3                      L Rock-step back, Recover onto R, L Step forward,  
4-5-6                      \*R Step forward, Pivot 1/4 Turn Left, R Cross-step over L,  
(\* note WALL 2 - modification with Restart)  
4-5-6                      R Step forward Turning 1/4 Turn Left, Rock weight onto L, Recover onto R - RESTART

## [37–48] SCISSOR STEP,SIDE,SWAY,SWAY,STEP,STEP 1/2 PIVOT,STEP,FULL TURN

1-2-3                      L Step to side Left, R Step next to L, L Cross-step over R (scissor step),  
4-5-6                      R Step/sway to side Right, Sway hips to Left, Sway hips to Right,  
1-2-3                      L Step forward, R Step forward, Pivot 1/2 Turn Left,  
4-5-6                      R Step forward, (moving forward) Make a full 360 degree clockwise Turn stepping L-R;  
( alternative to steps 4-5-6 - Basic waltz forward R-L-R )

Begin again

**TAG: At the end of wall 3, dance the following 6 counts:**

1-2-3                      Waltz forward L-R-L,  
4-5-6                      Waltz back R-L-R,

**NOTE: At the end of Wall 6 – there is a long pause in the song lasting for 15 counts at tempo. Do the following:**

1-2-3                      L Step forward, R Rock-step to side Right, Recover onto L,  
4-5-6                      Sway Right, HOLD on 5-6  
1-2-3                      Sway Left, HOLD on 2-3  
4-5-6                      Sway Right, HOLD on 5-6  
1-2-3                      Sway Left, HOLD, Sway Right - Start again from beginning

**FINISH: (wall 7) - Dance to Count 48,THEN ADD the following -**

1-2-3                      L Step forward, Pivot 1/2 Turn Right, Turn 1/4 turn Right stepping L to side Left,  
4-5-6                      R Cross-step over front of L, HOLD on counts 5-6. - I hope you enjoy the Dance!

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