

Believe In Me

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Esmeralda van de Pol (NL) - March 2013
音樂: Believe in Me - Bonnie Tyler : (Album: Rocks & Honey - 3:56)



Intro : 16 counts

BASIC NIGHTCLUB, WEAVE L, WALK FWD, STEP FWD, 1/2 TURN L, STEP FWD

1-2& Step R to R side, Close L behind R, Cross R over L
3&4 Step L to L side, Step R behind L, Step L to L side
&5 Cross R over L, Step L to L side
6-7 Step R fwd, Step L fwd
8&1 Step R fwd, 1/2 turn L-weight on L, Step R fwd

1/4 TURN R, BEHIND, SIDE, CROSS ROCK & SIDE, CROSS ROCK, STEP BACK, BEHIND, SIDE, 1/4 TURN R

&2& 1/4 turn R-step L to L side, Step R behind L, Step L to L side
3&4 Cross Rock R fwd, Recover on L, Step R to R side
&5 Cross Rock L fwd, Recover on R
6-7-& Step L back-sweep R from front to back, Step R behind L, Step L to L side
8&1 1/8 turn L-stepping R fwd, Step L fwd, 1/8 turn L-stepping R to R side ***Restart

SYNCRONATED JAZZ BOX CROSS, FULL TURN R, BACK ROCK, SIDE, COASTER ROCK

2 Cross L over R
&3& Step R back, Step L to L side, Cross R over L
4&5 1/4 turn R-stepping L back, 1/2 turn R-stepping R fwd, 1/4 turn R- stepping L to L side
6&7 Cross Rock R back, Recover on L, Step R to R side
8&1 Step L back, Step R next to L, Rock L fwd

RECOVER, FULL TURN L, BACK ROCK & TOUCH, SAILOR STEP L, BEHIND, SIDE, TOUCH

2&3 Recover on R, 1/2 turn L-stepping L fwd, 1/2 turn L-stepping R behind and sweep L
4&5 Cross Rock L back, Recover on R, Touch L to L side
6&7 Step L behind R, Step R to R side, Step L to L side
&&& Step R behind L, Step L to L side, Touch R next to L

Restart in the 2nd , 5th and 7th walls.

Dance up till count 16& from section 2

Tag: 2 counts: At the end of the 3rd and 6th walls

1 Sway hip Right,
2 Sway hip Left

and start again.

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