Steel Horse Cowboy



拍數: 32 牆數: 4 級數: Advanced

編舞者: Dan McInerney (UK) - March 2013

音樂: Wanted Dead or Alive - Bon Jovi : (Album: Greatest Hits - The Ultimate

Collection)



Starts: 56 counts/45 seconds, just before he sings "It's all the same..."

SIDE, ROCK RECOVER TURN AND TURN, MAMBO STEP TURN HITCH, CROSS

1, 2& Step R to R side, rock L behind R, recover weight onto R

Making 1/4 turn L step L forward, step R next to L, making 1/4 turn L step L forward (06:00)

Rock R forward, recover weight onto L, step R back, making 1/2 turn L step L forward (12:00)

7, 8 Hitch R knee as you make 1/2 turn L, step R down and over L (06:00)

(TAG 1: on walls 3 (06:00) and 6 (03:00) dance Tag 1 after the first 8 counts of the dance, then restart the dance)

ROCK AND STEP PRESS HOLD RECOVER TURN PIVOT TURN PIVOT TURN SPIRAL, COASTER

1&2& Rock L to L side, recover weight onto R, cross L over R, making 1/4 turn R press R forward (09:00)

3, 4& Hold, recover weight onto L, making 1/2 R step R forward (03:00)

5&6& Step L forward, pivot 1/2 turn R taking weight onto R, step L forward, pivot 1/2 turn R taking

weight onto R (03:00)

7, 8& Step L slightly forward making a full spiral turn R keeping weight on L, sweep R out as you

finish the spiral and step R back, step L next to R (03:00)

(TAG 2: on wall 8 (03:00) dance Tag 2 after the 16 counts of the dance, then restart the dance)

STEP, MAMBO TURN CROSS SIDE, ROCK RECOVER STEP KICK, TURN, HOLD

1, 2& Step R forward, rock L forward, recover weight onto R

3&4 Making 1/4 L step L to L side, cross R over L, step L to L side (12:00)

5&6& Rock R behind L, recover weight onto L, making 1/4 turn R step R forward, kick L forward

(03:00)

7, 8 Make full turn R on ball of R bringing L next to R, transfer weight onto L (03:00)

BACK AND BACK AND BACK-DRAG, ROCK RECOVER, CHUG CHUG, PIVOT, TURN

1&2& Step R back, step L next to R, step R back, step L next to R

3, 4& Making 1/4 turn step long step R dragging L next to R, rock L behind R, recover weight onto

R (06:00)

Step L to L side as you bend R knee, step R behind L as you bend L knee, step L to L side

as you bend right knee

7, 8& Cross R over L, pivot 3/4 turn L taking weight onto L, making 1/2 turn L hitch R slightly

(03:00)

REPEAT

TAG 1

SIDE, ROCK RECOVER TURN AND TURN, MAMBO COASTER STEP QUARTER

1, 2& Step R to R side, rock L behind R, recover weight onto R

3&4 Making 1/4 turn L step L forward, step R next to L, making 1/4 turn L step L forward (06:00)

5&6& Rock R forward, recover weight onto L, step R back, step L next to R

7, 8 Step R forward, pivot 1/4 turn L taking weight on L (03:00)

(NOTE: now restart the dance from the beginning)

TAG 2

FORWARD ROCK BACK ROCK

1&2& Rock R forward, recover weight onto L, rock R back, recover weight onto L

(NOTE: now restart the dance from the beginning)

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