

Irish Star

COPPER KNOB
STEP SHEETS

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Anne McGeachie (UK) - March 2013
音樂: The Star of the County Down - Northwind : (Album: Celtic Millennium Collection - Amazon)



Start on Vocals

(1-8) R. kick ball step X2 , 1/2 pivot turn L. Shuffle forward R.

1&2 Kick right forward. Step right beside left. Step left forward.
3&4 Kick right forward. Step right beside left. Step left forward.
5-6 Step forward right pivot ½ turn left.
7&8 Step forward right. Close left beside right..Step forward right.

(9-16) L kick ball step X2, ½ pivot turn R. Shuffle forward L.

1&2 Kick left forward. Step left beside right. Step right forward..
3&4 Kick left forward Step left beside right . Step right forward.
5-6 Step forward left pivot ½ turn right.
7&8 Step forward left. Close right beside left. Step forward left.

(17 – 24) Rock right & cross, &cross,&cross. Side mambo X 2

1&2 Rock right to t side, recover on left. Cross right over left.
&3 Step left small step to left. Cross right over left.
&4 Step left small step to left. Cross right over left.
5&6 Rock left to side, recover on right. Step left in place .
7&8 Rock right to side, recover on left. Step right in place.

(25-32) Rock left & cross & cross & cross. Side mambo X 2

1&2 Rock left to side. Recover on right. Cross left over right.
&3 Step right small step to right. Cross left over right.
&4 Step right small step to right. Cross left over right.
5&6 Rock right to side, recover on left. Step right in place
7 & 8 Rock left to side, recover on right. Step left in place

(33-40) Shuffle ¼ turn right heel ball change. Shuffle ½ turn left. heel ball change.

1&2 Shuffle step ¼ turn right stepping – right,left,right.
3&4 Touch left heel forward,step left beside right,step onto right in place.
5&6 Shuffle step ½ turn left stepping – left,right, left.
7&8 Touch right heel forward, step right beside left, step onto left in place.

(41-48) (as above) Shuffle ¼ turn right, heel ball change. Shuffle ½ turn left * heel ball change.

(49-56) Rock right behind side cross. Rock left behind side cross.

1-2 Rock right to side, recover left.
3&4 Step right behind, step left to left side, cross right over left.
5-6 Rock left to side, recover right.
7&8 Step left behind,step right to right side, cross left over right.

Start again

Tag: 16 counts. Dance wall 3 to count 46 * then Tag - instrumental)

(1-8) Cross rock R. Chasse R. Cross rock L. Shuffle ½ turn L

1-2 Cross rock right over left, recover left,

3&4 Step right to right side, close left beside right, step right to side.
5-6 Cross rock left over right, recover right.
7&8 Shuffle step ½ turn left stepping – left, right, left.

(9-16) Touch kick coaster step X 2

1-2 Touch right to left, kick right forward.,
3&4 Step back right. Step left beside right. Step forward right.
5-6 Touch left to right, kick left forward.
7&8 Step back left. Step right beside left. Step forward left.

(Repeat Tag)

Finish - Dance wall 5 to count 48 then dance counts 33 – 56.

There is a pause in music after count 40 (hold).

Arms - Stretched out right at shoulder level (17-20) and to left (25-28).

Tag. Folded at chest.

Contact: georgimac2001@yahoo.co.uk
